

8-27-1992

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The **ITHACAN**

The Newspaper For The Ithaca College Community



Vol. 60, No. 1

Thursday, August 27, 1992

36 pages

Free

Construction dampened by wet summer

By Sabina M. Rogers

Fear not, for some day the dust will settle.

The construction crew should be finished giving the campus a new face in time for Founder's Day Weekend, according to Matthew B. Wall, senior vice president of IC.

Bob Holt, director of campus safety, said the Garden Apartment/Main Campus road should be finished within three weeks, weather permitting.

"It is much more expeditious to get from one side of campus to the other using the main campus road," Holt said. "This is the last phase of road construction, and the construction crews are putting 100 percent into the timely completion of this road."

The plaza under construction in front of the communications building should also be finished in three or four weeks, said Tom Salm, vice president of business and administrative affairs.

There have also been some changes in the structure of the parking lots, Holt said. "We have been told that we will always have at least the same number of spaces as

Where to park?

Students and faculty who have trouble finding parking should park in Y (NCR) and Z (Hudson Heights) lots, according to Bob Holt, director of campus safety. From the Hudson Heights, he encourages taking the IC shuttle to campus.

The shuttle, starting at 7:30 a.m., leaves every 20 minutes until 5:45 p.m., when it leaves every half hour.

The shuttle leaves from Phillips Hall at a quarter past and quarter of the hour. The last shuttle leaves Phillips Hall at 12:45 a.m.

before," he said. No color changes have been made in any of the lots.

Campus Safety started ticketing illegally parked cars Wednesday, Aug. 26 and no car will be spared, Holt said. People trying to find parking spaces should look in Y lot by See "Construction" next page

Dining hall night hours to increase

By Jeff Selingo

Students looking for additional dining options at night now won't need to look any further than the IC campus.

The Terrace Club, a pilot program, will open in the Terrace West dining hall and offer a late night menu in a different setting, according to Dana Aaron, vice president of student affairs and campus life-student programs.

Aaron said the club will be open Monday through Thursday from 8 p.m. to 10 p.m. featuring sandwiches, pasta, barbecue ribs, desserts, a salad bar, and beverages.

According to Aaron, students will be able to use meal cards as long as they have not used for dinner. Cash is also accepted.

Aaron said the club will not offer an all-you-can-eat option like the dining halls, except for the salad bar and beverage service, and will be limited by a waiter/waitress type service.

"We had requests for extended services from students, and we wanted to provide a service without the difficulty of dealing with an equivalency program for students who miss their meals," said Howard

McCullough, director of IC dining services.

McCullough said the service will begin Monday, Aug 31. He expects the service to start slow at first because the staff is new to the program.

According to McCullough, the snack bar service will remain the same this year despite some discussions of possible changes last year. From 7:30 p.m. to 10 p.m., Monday through Friday, the snack bar will accept meal cards from students who did not eat dinner earlier.

McCullough said, since snack bar prices increased, students' meal card allowances will increase from \$4.40 to \$4.60.

Two other major changes have also been instituted by dining services. The Terrace Dining Hall will now be open until 7:30 p.m. for dinner, replacing the Towers as the late dining hall, according to McCullough. In addition, after discussions with students the In the Bag program at the Hill Center will open 45 minutes earlier at 10:15 a.m. to allow students an earlier lunch.

Dining hall hours next page.

A moving mess



Ithacan/Christopher Burke

An IC campus safety officer in the Towers parking lot guides parents and students moving in on Saturday, Aug. 22.

Pedal patrol: Bikes to complement patrol vehicles on campus

By Sabina M. Rogers

Within a week, Officers Jim Steinmetz and Lenore McGarry will be patrolling the IC campus using the latest law enforcement innovation-- mountain bikes.

Concentrating their efforts on the academic quad and residence hall areas, the officers will be highly visible during the day to make people on campus more aware of the patrol. They will also patrol the campus at night, with either one or both officers on duty during Campus Safety's busiest nights, Thursday through Sunday.

"I think it's very effective in preventing crime and apprehending criminals," said Bob Holt, director of campus safety.

According to Holt, the bike patrol was created to help control car break-ins as well as to cut down on response time. Holt said residence hall disturbances will be easier to respond to if officers are on bicycles.

The bike patrol will also help control crowd situations at football games and concerts as well as other special events and games on campus, Holt said.

The program will continue into the fall and perhaps winter, depending on how long the officers feel comfortable tackling the harsh weather conditions, Holt said.

Holt also said officers will receive Gortex suits to protect them from the cold, but the decision to ride throughout the year will be left to the individual officer.

Holt said another objective of the program is to put officers and students on a more personal, relaxed level of conversation, and will hopefully improve student-officer relations.

Getting started...

■ Options are available for students unhappy with their living arrangements

...page 8

■ Over noontime luncheon, President Whalen greets Class of 1996

...page 11

■ Theater department set to celebrate centennial with a variety of American classics

...page 19

■ Ithaca's parks offer summertime fever for returning students

...page 19

■ Women's soccer preview: Two-time national champions prep for season opener

...page 29

■ New NCAA rule change delays practice dates and angers coaches

...page 29

Editor's note: The Sports section now runs front to back. The back page will now feature a weekly photo essay. The Ithacan Inquirer has moved to the Opinion section.

ACS expands services with new hours, facilities

By Jacki Donati

Over the summer, Academic Computing Services (ACS) increased computing hours and implemented changes to enhance student and faculty labs.

The most visible change is the newly renovated lab in Muller 101, according to Dave Weil, communications and training coordinator for ACS.

In addition to nine new

Construction

Continued from front page
NCR and Z lot by Hudson Heights, and take a shuttle to the main campus, he said.

"Last year, there were 80 or 90 spaces open in Z lot every day," Holt said.

"The parking situation should be better in a few weeks," said Lillian Tavelli, traffic bureau manager.

The parking lot between the communications school and the campus center, U lot, is only accessible by the newly constructed brick road running between Williams Hall and the new science building.

The road between Landon Hall and the communications school has been closed due to the continued construction of the plaza in front of the communications school.

There have been numerous delays in construction due to the poor weather of this past summer, Holt said. The rains have kept the construction crews from completing their work as originally scheduled. Of the 31 days in July, 21 were rain days, Salm said.

No significant number of extra workers was hired to speed up construction this past week, Salm said.

Macintosh SE and nine DOS computers, there are still four Sun SPARCstation I workstations and 10 VAX terminals in operation. This now makes the Muller Computer Complex the only lab on campus to house each of the various types of computers that the college supports.

The major benefit of this lab, Weil said, is that it will be open every day from 8 a.m. to midnight,

and even later for student use.

"Students who arrive before midnight will be allowed to remain in the lab all night if they have to," he said.

Students may now sign up for general use accounts on the VAX system that will remain their own for the duration of their college career.

"The account is yours until you graduate or leave the college. Us-

ing the same user name saves paperwork and hassle," he said.

Accounts can be obtained by stopping by Muller 102. There is no charge for this service.

Ithaca College also added software that allows Mac or IBM users to access the VAX.

"IC was behind on Macs, but we're trying to get a balance in ACS labs," Weil said. Additional Macintosh LC II computers were

ordered for the Friends 110 Macintosh Lab and the Park 283 Writing Program Macintosh Room.

"Increased services, expanded hours, and expanded general user accounts for students is important to help them get the type of computing they want. There are also more powerful servers for the microcomputer labs. This is setting the stage for future growth in the school's computing services," Weil said.

The amount of overtime put into road construction, combined with the good weather of this past week, has really moved things along, he said.

The new science building is still scheduled for completion in the first or second week of October, according to Salm. The building will then be furnished completely and classes will be held there beginning in the Spring 1992 semester, he said.

The Centennial garden, located between Dillingham and the main campus circle north of F lot, will be dedicated in early October, Wall said.

"I would like it to be earlier, but the planting has not come as far as the Staff Centennial Garden Committee would like," he said.

"Many of the materials for the garden have been recycled from other parts of the campus," Wall said.

"It is an attempt at a low budget project that is directed by the staff," he said. The garden was allotted \$3,000 from the Centennial budget, according to Wall. The dedication will be open to anyone who wishes to attend.

Campus Center hours

Check Cashing
Monday-Saturday
9:30 a.m. - 9 p.m.
Sunday
Noon-9 p.m.

Candy Shoppe
Monday-Friday
10 a.m.-11 p.m.
Saturday-Sunday
11 a.m.-11 p.m.

Recreation Center
Monday-Sunday
11 a.m.-11:30 p.m.

Mac's
Monday-Friday
9 a.m.-10 p.m.
Saturday
Noon-5 p.m.
Sunday
Noon-10 p.m.

Bookstore
Monday-Thursday
9 a.m.-7 p.m.
Friday
9 a.m.-5 p.m.

Dining hall hours

Egbert Dining Hall

Breakfast
Monday-Friday
7 a.m. - 10 a.m.
Saturday
8:30 a.m. - 9:30 a.m.
Closed Sundays
Lunch
Monday-Friday
11 a.m.-1:30 p.m.
Brunch
Saturday-Sunday
10 a.m. - 1 p.m.
Dinner
Monday-Sunday
4:30 p.m. - 6:30 p.m.

Towers Dining Hall

Breakfast
Monday-Friday
7:30 a.m. - 10 a.m.
Lunch
Monday-Friday
11:30 a.m. - 2:15 p.m.
Brunch
Saturday-Sunday
11:30 a.m. - 1:30 p.m.

Dinner

Monday-Friday
4:30 p.m. - 6:30 p.m.
Saturday-Sunday
5 p.m. - 6 p.m.

Terrace Dining Hall

Lunch-Brunch
Monday-Friday
11 am- 1:30 p.m.
Saturday-Sunday
11:30 a.m. - 1:30 p.m.
Dinner
Monday-Friday
5 p.m. - 7:30 p.m.
Saturday-Sunday
5 p.m. - 6:30 p.m.

In the Bag- Hill Center

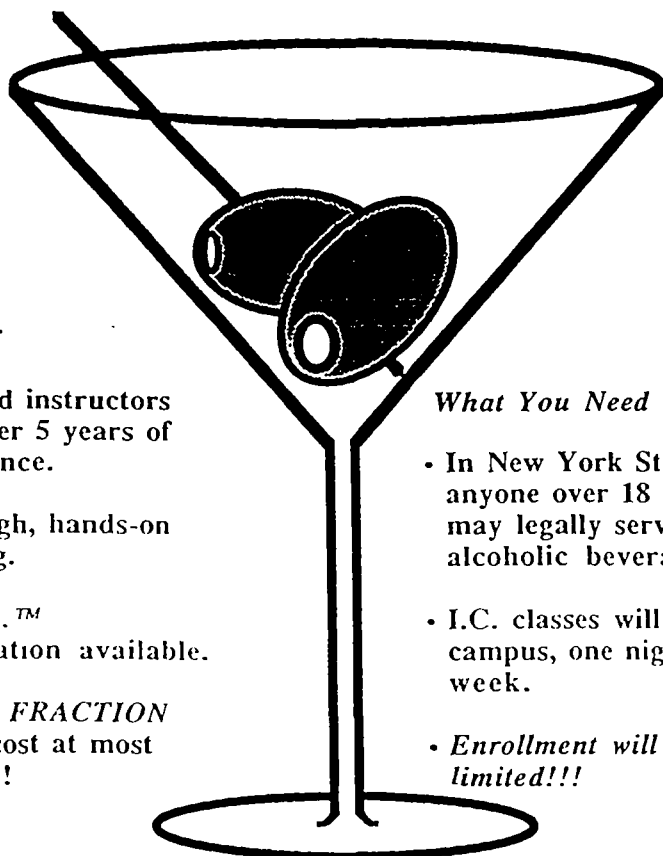
Monday-Friday
10:15 a.m. - 1:30 p.m.

Snack Bar

Monday-Friday
7:30 a.m. - 10 p.m.
Saturday-Sunday
Noon- 10 p.m.

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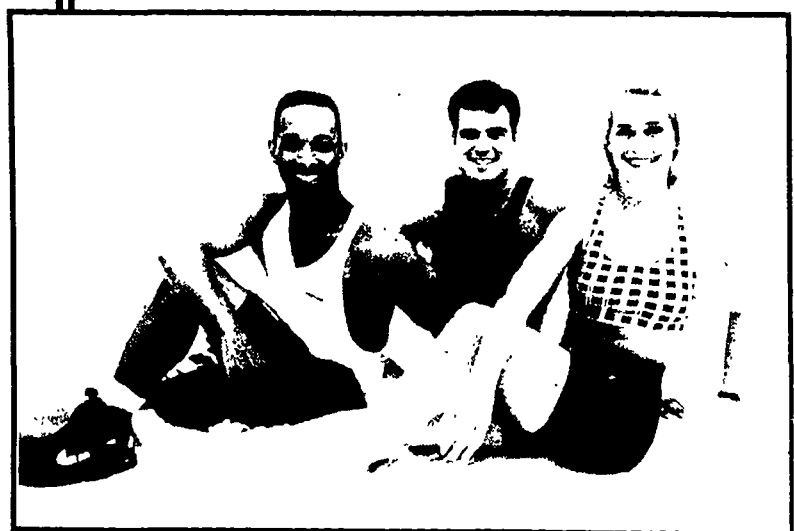
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Bomb hoax suspects arrested; judicial decisions rendered

By Jeff Selingo
and Beverly Goodman

The case against four suspects arrested in connection with a 1991 bomb hoax at Ithaca College is in "limbo" while they consider an offer of a plea agreement with the Tompkins County District Attorney's office, according to Town of Ithaca Justice Warren Blye. Meanwhile, decisions have been handed down by the IC judicial board for two of the suspects still registered at the College.

Arrested on July 10 were Christopher Conomy, 22, of 128 Farm St., Ithaca; Robert Earley-Clark, 21, of 6464 Victor-Manchester Road, Victor, N.Y.; and David A. Weinstein, 20, of 115 Lynn St., Ithaca. Matthew Zipeto, 21, of 115 Linn St., Ithaca, was arrested on July 14.

Conomy, Earley-Clark, Weinstein and Zipeto are considering the offer made at a pre-trial conference, according to Conomy's attorney James Church. According to Conomy, all four were given the option of pleading guilty to any one of the three misdemeanors they were charged with, in addition to paying Ithaca College the amount the hoax cost the college. This amount would be divided evenly among the four.

All four individuals were charged with falsely reporting an incident, second degree; aggravated harassment, second degree; and conspiracy, fifth degree, all class A misdemeanors. If found guilty, they could face a maximum of a \$1,000 fine and a year in jail.

The charges stem from the discovery of two suspicious packages that appeared to be explosive de-



Ithacan/ Jon Nealon

Robert Earley-Clark, Matthew Zipeto, and Christopher Conomy (l-r) pose for the camera after their pre-trial hearing. The fourth suspect, David Weinstein, had already left the courtroom.

vices on the IC campus on Feb. 19, 1991. The discovery prompted the shutdown of electrical power to the campus and the evacuation of nearby residence halls. A bomb disposal unit later determined that the devices, while made to appear like explosives, were a hoax.

Weinstein and Earley-Clark, both registered for the fall 1992 semester, and were referred for judicial action, according to Dave

Maley, IC director of public information.

Maley said as a result of the judicial hearing, Weinstein will remain at IC as a senior this fall. Earley-Clark, who completed two full years and attended IC as a part-time student during the 1991-92 school year, is no longer a student as a result of the hearing.

Conomy graduated from Ithaca College in May with a degree in

English, while Zipeto last attended Ithaca College in May 1991, and has since withdrawn, according to Maley.

Maley said all four have been issued trespass waivers by the Office of Campus Safety, prohibiting them from being on campus.

The next court date for all four is scheduled for Sept. 22. Weinstein refused comment. Other suspects were not available for comment.

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1 Medium Pizza 12 Chicken Wings

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Coupon Expires October 17, 1992

2 Medium Pizzas

4 16 - oz. sodas

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Coupon Expires October 17, 1992

2 Large Pizzas

4 16 - oz. sodas

\$14.95

Coupon Expires October 17, 1992

1 Larger Pizza 24 Chicken Wings

4 16 - oz. sodas

\$14.50

Coupon Expires October 17, 1992

Recent graduate dies in fall near Treman Pond

Student was close to IC professor and his family

By Chris Lewis

A recent graduate of Ithaca College died on the morning of Sunday, Aug. 3 in Danby after falling down an embankment and into Treman Pond.

James F. Gaughan, 22, of Hatboro, Pennsylvania was walking toward a swimming hole with Leah Fasten, '94, of 331 W. Seneca St., Ithaca when the couple lost their way in the dark, according to the Tompkins County Sheriff's Department.

Sheriff deputies say Gaughan lost his footing and fell down a 50-foot slope, prompting Fasten to drive to the Common Ground bar for help when Gaughan didn't respond to her calls.

Deputies say they were alerted at 2:19 a.m. and transported the body to Tompkins Community Hospital. Gaughan was later transferred to Arnot-Ogden Hospital in Elmira where he was pronounced dead at 9:50 a.m. The autopsy report later verified drowning as the

cause of death.

Gaughan graduated with a double major in biology and psychology in the spring of 1992.

According to Dr. Jon Shaw, assistant biology professor, Gaughan impressed him enough in a junior research class to offer him a grant funded research assignment and eventually employment this summer.

The six-week employment term included a week long field research trip to Colorado with Shaw to study moss plant regeneration. Shaw said he is expecting the research to be published in the fall by the American Journal of Botany, with Gaughan as the co-author.

"I was always quite impressed with the way he took care of work," Shaw said. Shaw said he was on trip in Europe during the accident.

Wendi Shaw, his wife, said in a prepared statement, "Jim was a dedicated and conscientious person with a warm and wonderful sense of humor. His kindness and the gentleness of his soul will be sorely missed."

Gaughan was the founding member of Ithaca College's Tau Kappa Epsilon fraternity, according to former housemate Pete McKay, '93.

"Jim was really a naturalist, he enjoyed exploring. In fact, the place that he died was one of his favorite places."

Shaw's daughter, nine year old Emilie, also has fond memories of

Gaughan. "He was just a caring and wonderful person who loved to have lots of laughs and play baseball and squirt guns and things that younger kids like."

Gaughan also enjoyed compos-

ing poetry. The following is an excerpt from one of the pieces he wrote on life. "Find a way, some means, to fan off the fog, to touch the All of Self and wipe clear the final tear."

How to stay safe in parks and gorges

By Chris Lewis

The New York State Office of Parks, Recreation, and Historic Preservation has issued a brochure offering safety tips for enjoying the state's facilities. The following is some of the information summarized.

✓ Some trails may be closed due to the dangers of falling rocks, mudslides, debris, or construction and repair. It is important to remain on trails that are marked and clear, not only to avoid danger but for easier access to help if an accident does occur.

✓ Swimming in the parks is permitted only in the allotted areas during summer sessions, and only when a lifeguard is present. Shallow water can be hazardous due to stream beds coated with slip-

pery algae and moss.

✓ All parks enforce state and federal law, which prohibits the consumption of alcohol beverages under the age of 21 or without securing a permit from the park office. Illegal drugs are also forbidden. The majority of annual accidents involve drugs, alcohol and college students.

✓ Excerpt of letter by Andrew R. Mazella, Director of the Finger Lakes State Park Recreation and Historic Preservation Region:

"A great deal of the effort that is put into preparing the parks for your use and enjoyment is committed to your safety as well. The natural beauty that you will enjoy may, unfortunately, sometimes be hazardous to your health and safety. Although accidents do occur, too many times they could be avoided. Most of

the accidents that people are involved in are minor, some are major, a few are even tragic. Please do not make the mistake of thinking that it will not happen to you. Common sense and awareness will help insure that your visit is not marred by a personal injury.

"Please pay attention to the posted signs, stay on the designated trails, and do not take needless chances. By doing that you will not only insure that you will be safe, but you will not jeopardize the health and well-being of others who may be called upon to assist or rescue you.

"Enjoy the time you spend in these beautiful parks, come back often, and please, be safe."

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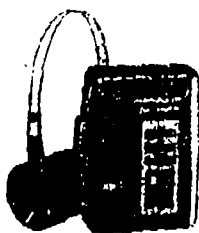
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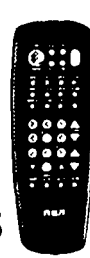
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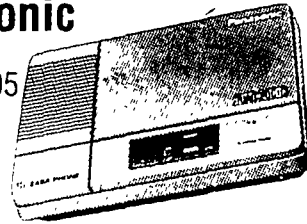
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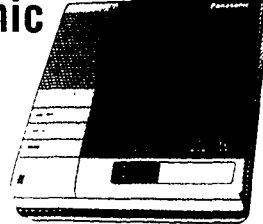
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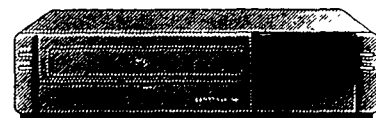
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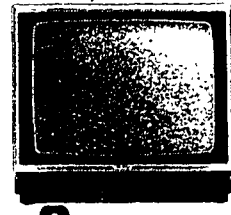
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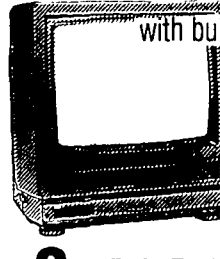


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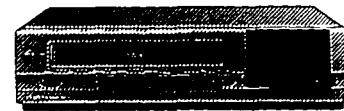
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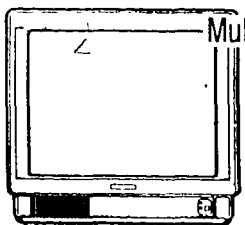
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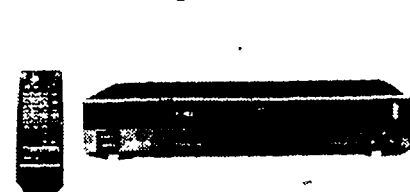
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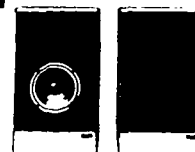
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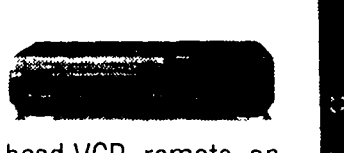
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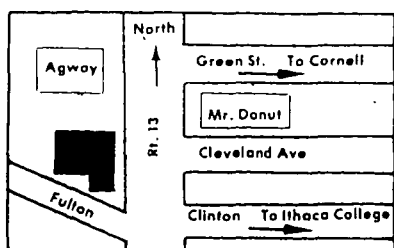
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'Red' Fowler, honorary trustee, dies

By Avi Schaeffer

Roland "Red" G. Fowler, an IC trustee and founder of the fundraising group Friends of Ithaca College, died July 29 at the age of 93.

A lifelong resident of Ithaca, Fowler served as a member of the Board of Trustees from 1953 until 1974, and remained an honorary trustee until the time of his death, according to Dave Maley, manager of public information.

In 1958, Fowler organized The Friends of Ithaca College, a group designed to raise money so the campus could be moved from its original downtown location to its current site on South Hill, according to an article in The Ithaca College

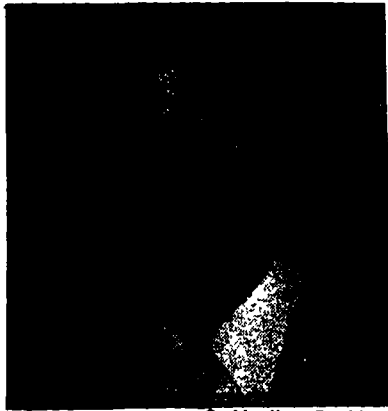
News.

The organization that Fowler founded solicited donations from local businesses and residents, since IC was experiencing severe financial difficulties at that time, the article said.

In recent years, the group has established a scholarship fund to make it easier for Tompkins County residents to attend IC, and has increased that fund's endowments from \$60,000 to \$200,000.

Today, the group has over 400 members, and has raised over \$1 million.

Fowler graduated from Cornell University, and served on its Board of Trustees as well as IC's board, Maley said.



C. Hadley Smith
Roland "Red" G. Fowler

As an executive of the National Cash Register Company from 1944 to 1964, Fowler served as manager of its Ithaca factory, Maley said.

Composting to expand recycling efforts

By Worth Godwin

Ithaca College is expanding its recycling program in a move that could save the college thousands of dollars annually.

According to Richard Couture, superintendent of custodial services, the expansion of recycling to include composting of college yard and food waste from the dining hall will prevent the waste of many reusable materials, saving the college an average of more than \$1,000 every week in waste expenses.

"We're able to save the college quite a bit of money by not taking it [trash] to the landfill," Couture said.

Before the recycling program began in the fall of 1989, Ithaca College shipped an average six tons of trash to the landfill, three times a week, at a cost of \$145 per ton, for a total trash disposal expense of \$2,610 per week. With the implementation of the recycling program,

the trash taken to the landfill has been reduced from an average of 18 tons per week to 15.

The introduction of the composting program should continue to improve the economic and ecological savings, as over half of the remaining 15 tons of the college's waste is compostable material, Couture said.

According to Couture, the compostable materials include food waste from the dining halls and yard waste, such as lawn clippings, from campus grounds. These will be collected, ground down and placed in large piles. Air will be pumped through the piles, which will be turned over occasionally to aid in the decomposition process.

The final product will be mulch, which can be used to fertilize the campus grounds. Since composting will take place entirely on campus, it will save the college money by

removing half of the waste disposal fees and eliminating the need to purchase fertilizers, Couture said.

The recycling program has been collecting and recycling paper, newspaper, cardboard, plastic, glass, tin and other metals and motor oil used on campus. The Physical Plant collects materials from the bins, which are located outside of every residence hall and in most academic buildings.

According to Couture, the materials are then separated into large dumpsters at the Physical Plant buildings where they are picked up regularly by a trash removal company and taken to a resource recovery facility at minimal cost.

Couture said the college is also tentatively considering some form of internship that would allow students in environmentally-related majors to work at the composting facility.

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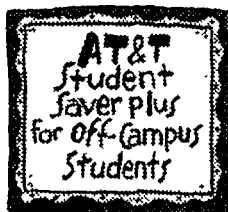
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Alternative campus housing plans possible for students

By Worth Godwin
and Jim Fenno

Solutions may be available for students not satisfied with their current on-campus housing assignments.

Area Coordinator Bonnie Solt-Prunty said after the second full week of classes, students who wish to find alternative housing can go to the Office of Residential Life and put their name on a waiting list to apply to move into a single, New Hall, Hudson Heights or the Garden Apartments.

Students have the option of switching places with another student of the same gender, she said.

"I could live in a single, you could live in a double, and we would be able to trade spaces, or you could live in a double, and your friend could live in a triple, and the two of you could trade spaces," Solt-Prunty said.

She said lounge students and non-standard triples will be re-assigned rooms in order of the date on which their advance room deposit was received, since those rooms are considered temporary housing.

"I think the first answer is to stay in the room, and with the assistance of your staff, resolve it with your roommate."

-Bonnie Solt-Prunty
Area Coordinator

However, Solt-Prunty said in the interest of making lounge space available for community use, students in lounges will be released before students in triples, despite their later deposit date.

When their deposit date comes up, students in lounges cannot refuse their room re-assignment, Solt-Prunty said. In the case of a triple, the three students are assigned based on the advance deposit date of the earliest deposit. Students in the triple are notified, and decide which of them, if any, will move.

There are currently six students in residence hall lounges and 364 triples. Solt-Prunty said once no-show spaces are confirmed by the end of this week, students will

begin to be moved out of triples and lounges.

Toward the end of each semester, students who have lived on-campus for two or more semesters can apply individually or in groups of up to six to move off campus. The students with the lowest pre-assigned lottery numbers get released first, Solt-Prunty said.

In the case of a group application, the lottery number of the student with the highest (worst) number becomes the lottery number for the whole application. Solt-Prunty said students can register in the fall to move off campus after winter break, and in the spring for the following fall.

Solt-Prunty said students experiencing tension with their roommates are encouraged to try to solve the problem before deciding to move.

"I don't believe that people should look at relocation as the answer for having a roommate problem," she said. "I think the first answer is to stay in the room, and with the assistance of your staff resolve it with your roommate."

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Founder's Weekend promises something for all

By Jeff Selingo

A fair, a vintage baseball game and continuous music will highlight a three-day weekend, dubbed Founder's Weekend, Sept. 18-20, set to coincide with the centennial of the opening of the Ithaca Conservatory of Music by W. Grant Egbert in 1892.

The celebration will start with 1892 Day Friday, Sept. 18. Classes will be canceled for the day, which begins with a community break-

fast for staff and students in the Campus Center Quad, said William Scoones, Founder's Weekend Committee chairman.

The morning will feature faculty academic presentations focusing on historical events from the 1890s, along with the Second Century Convocation, open to the entire IC community, featuring President James J. Whalen as the keynote speaker, Scoones said.

The afternoon will begin with a

picnic, followed by the opening of the 1892 Fair on the Campus Center Quad. The fair will feature a ferris wheel and a carousel, both invented in 1892. They will be accompanied by student organization booths sponsored by the Student Activities Board, which replaces its annual Rocktoberfest with Centennialfest. Throughout the fair there will be various musical groups performing on the stage and roaming the quad.

The day's activities will also include a vintage 1892 baseball game. The IC team will meet Cornell in a game featuring old-fashioned rules and uniforms at Freeman Field.

Saturday, the actual day IC was founded a hundred years earlier, will feature the continuation of the fair and various fall sports contests.

On Saturday night, Fay Vincent, commissioner of major league

baseball, will be the keynote speaker at the IC Sports Hall of Fame Dinner. The night will end by a concert cavalcade sponsored by the Bureau of Concerts, featuring the Spin Doctors, with special guests stars Special Beat with Wallflowers.

The weekend will conclude on Sunday with the Ithaca/Centennial 5 & 10K Run, an ice-cream social and cutting of the centennial birthday cake at Dewitt Park.

Bar closes for renovations after suspension

By Tom Arundel

After being caught twice violating a New York State liquor code, The Waterfront, on Willow Avenue in Ithaca is now closed for renovations, according to Bill Avramis, owner of The Waterfront.

The dance bar, popular among IC students recently finished serving a month-long closing period imposed by the New York State Liquor Authority, according to Barbara Lord, Secretary to the Authority.

Last year, the Ithaca Police Department reported two separate under-aged drinking violations to the Liquor Authority, on Sept. 14, 1990

and Feb. 15, 1991. As a result, the Authority closed the bar from July 6 to Aug. 5 of this year and issued a \$1,000 fine on the company, Lord said.

In addition, one of The Waterfront's two liquor licenses expires on Aug. 31 and the Liquor Authority shows no records that they have filed for renewal of that license, Lord said. However, Avramis said he just sent in papers for renewal of that license.

The Waterfront plans to begin major renovations in two weeks, which could last two months or more, Avramis said.

"We're going to make it a little

"We're going to make it a little classier than it already is. We want to allow a little bit more breathing space through these renovations."

-George Avramis, manager of The Waterfront

classier than it already is," George Avramis, manager of The Waterfront, said. "We want to allow a little bit more breathing space through these renovations."

Bill Avramis said that they intend to cover the present outdoor

deck in glass to extend space indoors.

George Avramis talked about updating the stereo system, changing the music style slightly and hiring a disc jockey. A top shelf might also be extended in order to allow space for new types of liquor.

"We're hoping to have a few more choices in beer draughts," George Avramis said. "We're trying to satisfy more people basically."

The bar will open during renovations for about a dozen private parties booked by both IC and Cornell University, Bill Avramis said.

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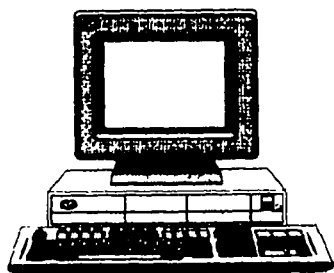
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Shops planned near campus

Novarr said Town of Ithaca restrictions preclude them from building a gas station or bar.

IC plays host to Special Olympics

Hundreds of IC staff, faculty and administrators volunteered for the games. "I don't think this feeling can be described, and it can't be replaced by any other experience," said Melissa Seigel, co-chair of the volunteer committee.

Learning goes on for many youth

Some children as young as three could be seen carting tiny instrument cases around campus, and practicing in quiet grassy areas around campus.

Students from 20 states and five countries participated.

Development has banner year

Flint left to be the vice president and chief operating officer for the Margaret H.W. Watson Foundation



Orientation leaders conducted a variety of activities to familiarize students with the College.

near Pittsburgh.

He attributed the increase in funds collected to a larger staff with a more aggressive approach, as well

as more volunteer involvement.

Ithaca College's Centennial celebration also helped increase contributions to various campaigns, he said.

New trustees

Roy H. Park, the current chairman of the Ithaca College Board of

Four new members also were elected. They are: Lois Kimmel Rosenthal, Nicole Young, Richard J. Couture, and Stephen R. Hilbert.

Centennial reunion gets big response

The largest reunion weekend ever took place after graduation when more than the hoped-for 1992 alumni returned for Reunion Weekend.

Among the many highlights was the School of Communications' Second Century Symposium, which featured Nicholas Negroponte.

Negroponte is professor of media and technology and director of the Media Laboratory at the Massachusetts Institute of Technology.

He spoke on "Communication: The Global Village of the 21st Century," stressing that people have certain, very often narrow, preconceived notions regarding technology.

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Whalen to freshmen: We'll help through tough first days

By Chris Lewis

Focusing on preparing students for the semester's challenges and promising to stay in touch with their concerns, Ithaca College President James J. Whalen addressed this year's freshmen class in the Hill Center Gymnasium.

"These are the first and difficult days, when everything is new, so I hope that you will turn to us for help in all you need," Whalen said. "I pledge to do my very best within my capabilities."

The president said the first class of the school's second century numbered over 1,500 students, came from 34 states and 27 countries and helped comprise a student body that is 54 percent female and 46 percent male.

"These are the first and difficult days, when everything is new, so I hope that you will turn to us for help in all you need."

-President James J. Whalen

Whalen's annual convocation speech was replaced by a Monday luncheon and a few "informal remarks by the president to welcome the students," Sharon Policello, Director of Campus Activities and Orientation said.

"The regular convocation will be on Founder's Day [Sept. 19]; we just didn't think we should hold two of them within two weeks,"

Policello said.

Freshmen had different first impressions of the president.

Stacie Pirozzi, music education, said, "He just got right to the point and expressed interest in how we feel. He doesn't just want to be the distant headman but he wants to get to know us."

Tom Stanchfield, politics, said, "He seemed very friendly, willing to help and open-minded."

Anne Matthews, speech pathology, said, "He didn't seem to be a very good public speaker, he could have been more entertaining to help make a relaxed atmosphere."

The president left the students with a call to "make the most of these next four years, starting right today."



The Ithacan/Greg Berinato

President Whalen gives Sarad Goldstein '96 a gift certificate to the Bookstore at the freshmen lunch on Monday.

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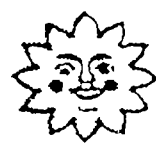
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106 WEST GREEN STREET
DOWNTOWN

Wegmans suspends night hours

By Heather Zuzick

If you shop for food at night at Wegmans, you might go hungry for the next six weeks.

Wegmans, a supermarket located on Meadow Street (Rt. 13), is undergoing renovations which mandates an early 11 p.m. closing every night, as opposed to the normal 24-hour business hours. The store reopens for business at 7 a.m. daily.

"The reduction in hours is necessary be-

cause we have to make improvements to the building for safety concerns. We are following new OSHA (Occupational Safety and Health Administration) guidelines and the work has to be done at night to prevent injury to any customers," said Brian Seely, assistant manager at Wegmans.

The store is expected to return to normal 24-hour operation some time in mid-October.

Campus Safety Log

The following incidents are among those reported to The Ithacan by the IC Office of Public Information, based solely on reports from the Office of Campus Safety.

Anyone with any information regarding these entries is encouraged to contact the Office of Campus Safety. Unless otherwise specified, all reported incidents remain under investigation.

**Friday August 14-
Thursday, August 20, 1992**

Friday, August 14

▼ A staff member in Muller Center filed a complaint regarding the theft of the staff member's wallet. The wallet was taken between Aug. 11 and Aug. 13 from an office area in Muller.

Saturday, August 15

▼ A non-student was arrested for driving while intoxicated after the non-student was found driving at an excessive rate of speed without headlights near the college main entrance.

Sunday, August 16

▼ Ithaca Fire Department responded to Terrace 1 for a fire alarm. Cause of the alarm was determined to be an activated smoke detector. Activation was caused by steam from a dryer vent.

Monday, August 17

▼ Officers investigated a two-car minor property damage motor vehicle accident in U-lot.

Tuesday, August 18

▼ A student filed a complaint regarding the attempted theft of the student's car stereo system

while the student's vehicle was parked in S-lot. Unknown persons entered the student's vehicle and attempted to steal the stereo between 11:30 p.m. on Aug. 17 and 12:30 a.m. Aug. 18.

▼ A complaint was filed regarding damage that occurred to an outside light cover on the south side of Boothroyd Hall.

Wednesday, August 19

▼ A staff member filed a complaint regarding \$4.00 worth of property stolen from the college warehouse.

Thursday, August 20

▼ Ithaca Fire Department responded to Terrace 9 for a fire alarm. Cause of the alarm was determined to be an activated smoke detector. No cause for the activation was found.

▼ The Ithaca College branch of the Cornell Federal Credit Union filed a complaint regarding having been issued two bad checks. Restitution was obtained and no further action was taken.

▼ Officers assisted Tompkins County Sheriff's Department with a two-car property damage motor vehicle accident at Rt. 96B and Coddington Road. Officers responded to the General Services Print Shop area for a report of a staff member who had suffered an eye injury. First aid was rendered at the scene and the staff member was transported to the Health Center for treatment.

Safety Tip:

On-campus escorts are provided by the Office of Campus Safety between the hours of 7 p.m. and 6 a.m. daily.

Community members may call Campus Safety at 274-3333 to request an escort.

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All fares must be ticketed by August 31

All airfares require 14 day advance purchase and are valid for travel September 14 through December 14, 1992. Tickets are non-refundable and there is a \$25 charge for changes. Free ticket delivery.

**Do You Have
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for this year's Student Government?**

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**Tuesday, September 1st at 8:15pm
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Contact any staff member at The Ithacan offices,
Park Communications Room 269, or call 274-3207.

If you have interest, we're interested in you.

Attend an open meeting for
prospective staff members:
Sunday, Aug. 30, 7:30 p.m.
Park Auditorium

OPINION

Our purpose: Learn, teach, report

Welcome to the first edition of The 1992-93 Ithacan. We've made a few changes in the newspaper. But first, we want to clarify to the Ithaca College community who we are, how we operate and what we consider our role.

The Ithacan is run entirely by current Ithaca College students. All facets of newspaper publication -- from ad sales to reporting to photography -- are performed by students. Editorial copy and news stories are free of administration intervention and/or prior approval.

THE ITHACAN'S VIEW

News content is determined by Ithacan editors, who with the Manager of Student Publications, Paul Heaton, shape the paper's policy.

The Ithacan strives to uphold three missions. The first is to get the news out as accurately and thoroughly as possible. This takes several forms, from investigative reports, movie listings, sports scores to classified ads and comics. Since we don't know everything that goes on at Ithaca College, we rely on our readers to give us news tips.

Our second mission is to learn the workings of a newspaper operation as students, and the third is to teach students about the responsibilities of a newspaper. Student involvement is crucial to us -- without you, we would cease to exist. One myth we should clear up: You do not have to be a Communications major to join the Ithacan staff. We welcome all students from each of IC's five schools, as they offer different perspectives a newspaper needs.

The Ithacan tries to improve through expansion of coverage. Last year, we covered crucial events away from Upstate New York. In 1991-92, the paper chronicled Ithaca College student efforts on two continents. From the social scene in London to the Amos Alonzo Stagg Bowl in Florida to the Pro-Choice Rally in Washington D.C. to the Music School's Centennial Celebration at Lincoln Center, The Ithacan was there.

Recently, the Columbia Scholastic Press Association gave The Ithacan a score of 997 out of 1000 possible points for our Fall 1991 issues, and the paper continued its growth with first-ever summer publications. The Summer Ithacan published five bi-weekly issues, covering the New York State Special Olympics, orientation, the bomb hoax trial, the Ithaca Festival and summer camps the college hosted.

You will notice a few new features in this year's Ithacan. The Sports section moved from the back page to an inside "front page." This makes it easy for a reader to go straight through the paper instead of reading "backwards." A new highlight will be a weekly photo essay on the back page -- the continuation of a Summer Ithacan feature.

The Opinion pages have also changed. There will be two Opinion pages every week to help foster a more open dialogue on campus. We encourage commentaries on any subject, written either as a letter or long-form opinion, by any member of the IC community. The New York Times will provide columnists for us to publish regularly. The Ithacan Inquirer has moved from page two.

Finally, look for national and international news, as well as stories from colleges around the country in this year's news section.

If you would like to get involved with The Ithacan, please come to our Fall recruitment meeting, Sunday, Aug. 30 at 7:30 p.m. in the Park Auditorium. We want you to be part of our staff. If you have an interest in writing, layout/design, photography, or advertising, please attend the meeting, or stop by our office at Park 269.

William Rubenstein
Opinion Editor

The ITHACAN

The Ithaca College student newspaper,
published weekly in the

Roy H. Park School of Communications, Room 269.
Editorial: (607) 274-3207 Advertising: (607) 274-3208
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Manager, Student Publications	Paul Heaton

All letters to the editor must be received by 5 p.m. the Monday preceding publication. All letters must include the writer's name, phone number, major and year of graduation (if applicable). Letters must be less than 500 words and typewritten. The Ithacan reserves the right to edit letters for length, clarity and taste.

For advertising rates and deadlines, contact:
The Ithacan, 269 Park School of Communications, Ithaca College, 953
Danby Road, Ithaca, NY 14850-7258.

Founded in 1930



LETTER

Student body president advocates participation in campus life

To the editor:

On behalf of the Ithaca College Student Government Association (ICSGA), welcome!

We are all excited about this year, as we wind down our Centennial Celebration and begin working on our second century as a college.

There are a variety of opportunities for you to become involved this year.

If Student Government is not your thing, there are over 140 other clubs and organizations that function for and as a result of students like you.

If Student Government may be for you, I would like to take this opportunity to provide you with more information and ways to get involved.

SGA will have a table in the Union lobby Thursday, Friday, and this Monday and Tuesday to distribute information to all interested

students.

On Tuesday, Sept. 1 at 8:15 p.m., SGA will have their organizational meeting in the North Meeting Room of the Campus Center.

Elections packets, and Executive Board Staff/Committee interest sheets will be available at that time.

Elections are on Thursday, Sept. 10, and the first Congress meeting will be Tuesday, Sept. 15 at 8:15 p.m. in the North Meeting Room.

Congress meetings are open to all interested students throughout the year.

This year's issues that we will continue to work on include: the campus convenience card, dining services, Greek life, and the alcohol policy.

Student Government will also be working on a number of new projects such as a student-to-student book buyback, academic

school and off-campus forums, and fundraising for the Student Government Scholarship fund.

Student Government will be revising our Constitution, and expanding our public relations efforts as well.

If you have any ideas or suggestions, or are interested in any of these areas, we need you.

Please remember that Student Government is the only organization on campus in which everyone who is a student is a member simply for that reason.

Our meetings are always open, and we are here to address any concern that you have.

Best wishes for a successful academic year.

Samantha E. Stein
Student Body President
Humanities and Sciences '93

The Ithacan encourages letters to the editor. If you have an opinion you feel strongly about, or if there is some kind of problem or situation you would like to address, please submit a letter to the Ithacan office at Room 269 in the Park School of Communications. We would also appreciate any insightful commentary on how we are doing as the Ithaca College campus newspaper.

GOP in Houston: So normal it was weird

By Stephen King
©1992 N.Y. Times News Service

No one -- not even a journeyman novelist such as myself -- should have to be part of a politician's warm-up act. But that was my fate Aug. 20, when Bob Dole, the veteran Senator and longtime political loudmouth, accused me of crafting the Democratic platform -- "a real horror story."

And no one should have to listen to 60 fresh-scrubbed Republicans in tan real-estate blazers singing "Come-A-Ti-Yi-Yippee-Yippee-Yo" at 11 a.m. I think it causes intracranial bleeding and a nearly irresistible urge to roll in gallons of your father's Old Spice. But that's life in a political year. In the end, the departure of common sense doesn't hurt as much as the complete loss of taste.

Do I bear Senator Dole any real animus for his unkind swipe? I do not. Conventioneers -- especially those condemned to an August week in Houston -- are more to be pitied than railed against. Even a hardened, cross-dressing, pantywaisted, bleeding-heart liberal Democrat such as myself has at least qualified sympathy for the gathered Republicans, or for any group of conventioneers exposed to such merciless gavel-to-gavel coverage.

Still, they love it, you know. The Democrats do, too, I grant you that, but I am convinced that the Republicans love it more ... that they do, in fact, adore each and every klieg-lit moment.

That's not where the Republican convention kinks end, however, but only where they begin. The rest of them have to do with a ceaseless and almost instinctive search for what I would call "normative behavior."

There is something creepily unique about

this search, something that goes beyond the Horatio Alger sentiments, the designer clothes and the funny hats. (My favorite was the Chicago bluesman's fedora, complete with snakeskin band, that I spotted on one aging and bejeweled Republican woman. It was like seeing Barbara Bush somehow genetically crossed with George Thorogood.)

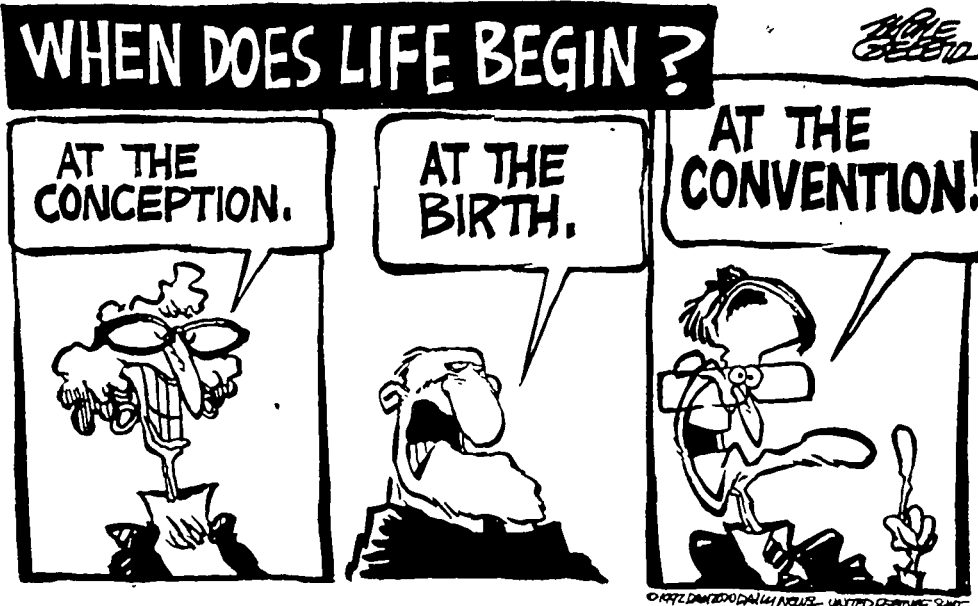
Normality has always been the guiding star of the Republican Party -- or maybe its version of Ahab's white whale -- and this year's version was no different.

What the Republicans in Houston appeared to aim for was five days that would feel like the last reel of a Jimmy Stewart movie, and my own overdose left me with a strangely Blues Brothers-ish feeling: it was like watching several thousand Amway salesmen and saleswomen on a mission from God.

I have never in my life seen so many polka-dot silk scarves, so many Donna Karan suits, so many pink and gleaming double chins. (There are plenty of Democrats with double chins, but their owners are for some reason unable to achieve that same pink glow, that same ineffable gleam.)

Houston was once again normality -- the Republican version of it, at any rate -- on a pedestal, normality as the Holy Grail. It is particularly evident on the faces of the Young Republicans. I was inescapably reminded of all the news film I've seen where some shocked elderly neighbor mutters, "And he seemed like such a nice boy."

A close look into this white-bread-and-meatloaf world, into these simultaneously complacent and pugnacious faces (Pat Buchanan in particular looks like a bulldog that has just enjoyed a good meal -- a child,



perhaps), suggests that many Republican delegates do believe that everything is O.K., that everything is just fine.

Their faces say they believe the homeless really are a Democratic invention, that the economy is actually ticking along like the Swiss watches so many of them wear on their wrists and that there is no intramural friction on the subject of abortion.

Ronald Reagan -- looking like an iguana and sounding remarkably like Marlin Perkins -- and Mr. Buchanan seemed like just two more exhibits in some surpassingly peculiar theme park of the mind: call it BushWorld.

In BushWorld there are no bombed-out ghettos where coked-up 12-year-olds kill one another over \$150 sneakers; the only real welfare need is to get slackers off the rolls before they learn to like it too much and make sure the working poor know where jobs are.

According to Lee Atwater's widow, there is no such thing as negative campaigning in BushWorld; there is only comparative campaigning. And in terms of keeping every-

thing on an even keel the Republican platform suggests that the first step is to build a fence between BushWorld and the lower MexicoWorld next door.

There are no gays in BushWorld, no AIDS, no pollution, no hunger and no war. None, at least, that we can't win. What's so great about BushWorld, Republicans seem to feel, is that everything is just so gosh-darn normal.

There is something fitting in the fact that this strangely prosaic Xanadu was erected in the Astrodome, cradle of those twin grotesqueries, indoor baseball and artificial turf. It was exactly the right place to send the basic message of Republicanism: Everything is all right and the good guy will triumph.

The Republicans have no need for nightmares a la Stephen King, it seems: in their world John Wayne always comes riding to the rescue ... probably in a tan real estate blazer, singing "Come-A-Ti-Yi-Yippee-Yippee-Yo."

Stephen King is author, most recently, of "Gerald's Game."

The Ithacan Inquirer

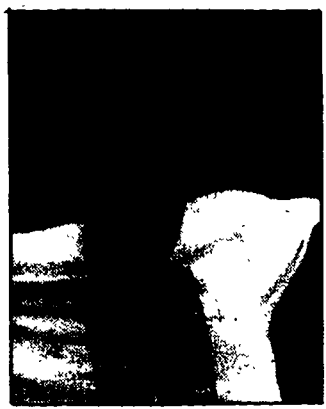
By Bill Prescott

"What are your goals for this year?"



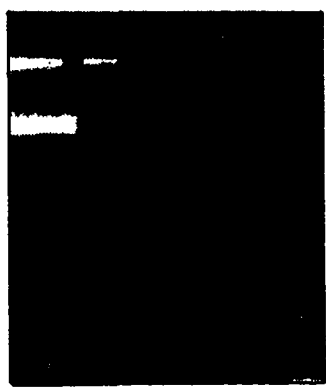
Amber Stokes '94
Cinema/Photo

"Get good grades, with lots of off campus parties."



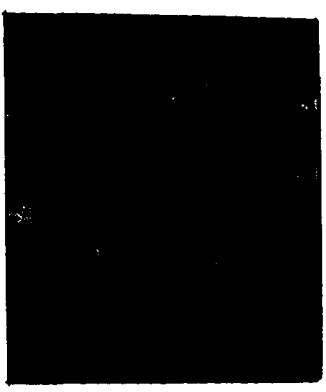
Rob Koziol '95
Recreation

"I want to have a good time and learn a bunch."



Dan Nemer '94
Music

"Make it to next summer."



Susan Greisler '93
Sociology

"To graduate."

Convention memoirs

By Russell Baker
© 1992 N.Y. Times News Service

The nastiest convention: Chicago, 1968, Democrats naturally. If you'd seen war combat it was probably tame. If you hadn't, the onslaught of Mayor Daley's unleashed cops against defenseless political romantics was an astonishing spectacle. Dangerous if you were in it. Everybody seemed fair game for a skull clubbing, or at least arrest. Television showed gendarmes hauling John Chancellor of NBC off the convention floor. "This is John Chancellor somewhere in custody," he said.

Delegates entering the hall passed through battalions of Chicago cops using their pistol butts to nail up "We Love Mayor Daley" placards.

They don't make 'em like that no more. Neither party has met in Chicago since. Probably never will. That's how bad 1968 was. It's a pity; Chicago was a great convention town.

The meeting hall was down by the stockyards, so when the wind was right the pils were washed in the varied reeks of cattle slaughter. Up in the Loop big shots stayed at the delicate little Blackstone Hotel with its "smoke-filled room" where the Republican bosses had decided to make Warren Harding president in 1920.

Just across the street towered a grotesquely vast Hilton, and a dozen other hotels seemed just around the corner. It made for a humanizing coziness in years when Mayor Daley was not testy.

I never stop in Chicago now without recalling the overpowering odor, very much like vomit, which permeated my hotel that entire week, courtesy of a heroine of the left, I was told, known as "Sally the Stink."

Her contribution to the struggle against Lyndon Johnson was a chemical concoction with which she odorized enemies' turf, to show they nauseated her, I suppose.

The Republicans' nastiest convention occurred in San Francisco in 1964. It was dominated by the new wave of Western radicals behind Barry Goldwater.

They were just starting to call themselves "conservatives," which was Goldwater's word for a policy of hostility to the welfare state

and bellicosity in foreign policy, and were there to certify the nomination Goldwater had won against Nelson Rockefeller.

Not yet accustomed to the sweet smell of power, they behaved with un-Republican rudeness when vanquished Rockefeller tried to speak, then gave such a heartfelt executioner's cheer to General Eisenhower's denunciation of the press that it not only sent terror through the press platform but even left the hero of World War II visibly shaken.

The most pleasant convention was also in San Francisco where the Republicans in 1956 renominated President Eisenhower. It was an endless feast, for there was no news to interfere with the knife-and-fork work.

I recall offending a waiter at a magnificent restaurant by ordering a seafood appetizer and a seafood entree.

"What!" he exclaimed with unconcealed contempt, "you want fish two times?"

The nuttiest convention occurred at Atlantic City in 1964 where Democrats renominated President Johnson. Again there was little to do and only one decent restaurant in which to eat the hours away.

We bought salt-water taffy, watched a diving horse, resisted sales pitches for Teflon frying pans on the Boardwalk and watched Johnson torment various senators by dangling the vice presidency before them.

Fannie Lou Hamer, a black civil rights worker, came up from Mississippi to tell a tale of horror about her treatment by Southern lawmen, but though Johnson was to become the most Homeric champion of black rights since Lincoln, her appearance wasn't allowed to ruffle the fun at his party.

When the renominating was done he staged a mammoth fireworks show ending with LBJ's face etched in a fireworks portrait that looked to be, oh, a mile or two high.

The most democratic convention was the Democrats' of 1956 in Chicago where Adlai Stevenson told the convention to choose its own vice presidential candidate. It chose Sen. Estes Kefauver by a whisker over Sen. John F. Kennedy.

By 1972, conventions seemed washed up. They had declined into scripted television shows, and the sensible place to watch them was at home on television, which was where they were really happening anyhow.

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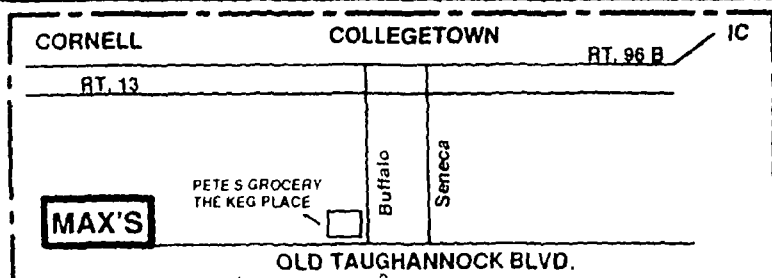
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Sun	Sept. 6	Interscope Recording Artist: LOVE ON ICE Plus guest	All	\$ 3
Thu	Sept. 10	Restless Recording Artist: ELVIS HITLER Plus: THE BROKEN TOYS (Boston) and ABALIENATION	All	\$ 5
Sat	Sept. 12	Road Racer Recording Artist: TYPE O NEGATIVE plus: CREEPER, DEVIL'S SPAWN and MIND AT LARGE	All	\$ 6
Fri	Sept. 18	The Return Of: BLOODLINE Featuring: SMOKIN' JOE BONAMASSA, LOU SEGRET ERIN DAVIS-Son of Miles Davis, AARON HAGAR-Son of Sammy Hagar and BERRY OAKLEY, JR.-Son of Berry Oakley	All	\$ 8 adv
Sat	Sept. 19	ATLAS	18+	\$ 5
Sun	Sept. 20	Century Media Recording Artist: MUCKY PUP plus: OFFICER FRIENDLY & ABALIENATION	All	\$ 5 adv
Sat	Sept. 26	Capricorn Recording Artist: COL. BRUCE HAMPTON & THE AQUARIUM RESCUE UNIT Plus: BLINDMAN'S HOLIDAY	18+	\$ 6 adv
Mon	Sept. 28	Giant/Warner Brothers Recording Artist: TOO MUCH JOY plus guest	All	\$ 5 adv

WHAT'S HAPPENING

Thursday, August 27

Welcoming Luncheon, Division of Graduate Studies, Emerson Suites, 11:30 a.m.

Cayugan Recruitment Night, 7:30 p.m. Park Auditorium. New staff members welcome.

Friday, August 28

Academic Computing Services meeting, DeMotte Room, Egbert Hall, 3 p.m.

Hillel Shabbat Service, Muller Chapel, 6 p.m.

Saturday, August 29

Leadership Workshop, North Meeting Room, Egbert Hall, 9 a.m.

Protestant Fellowship Group, Phillips Room, Muller Chapel, 8 p.m.

Sunday, August 30

Ithacan Recruitment Night, Park Auditorium, 7:30 p.m.

Catholic Community Mass, Muller Chapel, 10 a.m., 1 p.m. and 9 p.m.

Protestant Community Services, Muller Chapel, 11:30 a.m.

Monday, August 31

Handwerker Gallery presents an encore presentation of "Developing the Image: Archival Photographs from Conservatory to College," Gannett Center, 9 a.m. to 4:30 p.m.

Student Activities Board poster sale, North Foyer, Campus Center, 10 a.m. to 4 p.m.

Residential Life Department meeting, North Meeting Room, Egbert Hall, 1 to 4 p.m.

Human Subjects Research Committee meeting, South Meeting Room, Egbert Hall, 3-4:45 p.m.

Adult Children of Alcoholic and Dysfunctional Families Women's Group, Phillips Room, Muller Chapel, 7 p.m.

ACS computer lab schedule

Room	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Frinds 110 (PCs & Macs)	Noon-Mid	8am-Mid	8am-Mid	8am-Mid	8am-Mid	8am-9pm	11am-6pm
Frinds 207 (PCs)	Noon-11pm	7pm-Mid	7pm-Mid	7pm-Mid	7pm-Mid	4pm-5pm	Closed
Frinds 306 (Suns)	11am-11pm	8am-10am 5:30-11pm	8am-1pm 4pm-11pm	8am-10am 4pm-11pm	8-2:35pm 4-11pm	8am-10am 2:40-5pm	Closed
Smiddy 114 (PCs)	Noon-Mid	8am-Mid	8am-Mid	8am-Mid	8am-Mid	8am-5pm	11am-5pm
Muller 101 (Mac,PC,Suns)	8am-Mid	8am-Mid	8am-Mid	8am-Mid	8am-Mid	8am-Mid	8am-Mid
Hill 54 (PCs & Macs)	4pm-11pm	9am-11pm	9am-11pm	9am-11pm	9am-11pm	9am-5pm	1pm-5pm
Park 219 & 273 (PCs)	Noon-11pm	6pm-11pm	6pm-11pm	6pm-11pm	6pm-11pm	Closed	11am-5pm
Park 283 (Macs)	11am-11pm	5:30-11pm	12:15-1pm 5:30-11pm	5:30-11pm	12:15-1pm 5:30-11pm	4pm-5pm	11am-6pm

Student Government Executive Board meeting, Conference Room, Egbert Hall, 7p.m.

LifeLine meeting, South Meeting Room, Egbert Hall, 7:30 p.m.

IC Environmental Society meeting, north Meeting Room, Egbert Hall, 8 p.m.

Bureau of Concerts meeting, South Meeting Room, Egbert Hall, 8:45 p.m.

Tuesday, September 1

Handwerker Gallery presents an encore presentation of "Developing the Image: Archival Photographs from Conservatory to College," Gannett Center, 9 a.m. to 4:30 p.m.

Student Activities Board Volunteer Fair, Academic Quad, 9 p.m.

Student Activities Board poster sale, North Foyer, Campus Center, 10 a.m. to 4 p.m.

American Marketing Association executive board meeting, Conference Room, Egbert Hall, noon.

Student Auxiliary Security Patrol meeting, South Meeting Room, Egbert Hall, 5 p.m.

Youth Services Program, Campus Center Quad and Pub, 5 to 8 p.m.

International Club reception, Clark Lounge, 7 to 9 p.m.

Narcotics Anonymous meeting, Phillips Room, Muller Chapel, 7 p.m.

Faculty Council meeting, South Meeting Room, Egbert Hall, 7:30 p.m.

Student Government Association student congress meeting, North Meeting Room, Egbert Hall, 8:15 p.m.

Wednesday, September 2

Handwerker Gallery presents an encore presentation of "Developing the Image: Archival Photographs from Conservatory to College," Gannett Center, 9 a.m. - 4:30 p.m.

Student Activities Board Activities Fair, Academic Quad, 9 a.m.

SACL Marketing Team, Conference

Room, Egbert Hall, 10 a.m.

Student Activities Board poster sale, North Foyer, Campus Center, 10 a.m. to 4 p.m.

Assistant/Associate Dean's Group meeting, South Meeting Room, Egbert Hall, 1:45 p.m.

Minority Affairs meeting with students regarding name change, North Meeting Room, Egbert Hall, 6 p.m.

Welcome Home reception, International Programs, Klingenstein Lounge, Egbert Hall, 5 p.m.

Residence Hall Association meeting, South Meeting Room, Egbert Hall, 8 p.m.

American Marketing Association meeting, Pub, Phillips Hall, 8:15 p.m.

General Information

Dance Audition: Male and female dancers needed for Parents Weekend performance; auditions open to all and will be held Saturday, Sept 12 at noon at the Hill Center Dance Studio. For information, call Alison Kicher at 256-8916 or Michelle Cole at 274-3125 or stop by Hill Center office 2.



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Volunteer Fair

Tuesday Sept. 1

10:00am-3:00pm, Academic Quad

Student Activities Fair

Wednesday Sept. 3- Friday Sept. 5

10:00am-3:00pm, Academic Quad

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ARTS/ENTERTAINMENT

A celebration of theater: Department to focus on plays representing America

By Liz Gartner

This season the Ithaca College Theater department will continue the college's centennial celebration with a variety of American theater productions from the past 100 years.

"Several departments on campus have contributed to the centennial in different ways," said Christine Del Vecchio, management operations assistant of the theater department. "Our contribution is a theme celebrating a century of American theater."

"We (theatre department faculty) tried to pick plays that were representative of theater in

America," said Gary Bostwick, associate professor of theater.

Adhering to the theme "Theater in America: 100 Years," the department will perform a Broadway musical, contemporary comedy and a classic American drama in the first semester.

Opening the season will be "The Nerd," Larry Shue's hit comedy about a square house guest who overextends his visit.

"The concept of the nerd is an American concept," said Bostwick, who is directing the show. "This play could only happen in America."

"The Nerd" will be performed in Clark Theatre and will run Oct. 1-3,

and again Oct. 6-10.

Scheduled to follow "The Nerd" in the centennial theater celebration is "Hair."

According to Mary Corsaro, associate professor of theater and choreographer of "Hair," the musical was chosen for its historical significance. As well as being one of the first rock'n'roll musicals, "Hair" was instrumental in liberalizing theater in America. First premiered in 1968, the musical surveys many of that era's controversies.

"Hair" is to be co-produced with the School of Music and will run Nov. 3-7 in the Hoerner Theatre.

Concluding the season will be a

production of "Our Town." According to J. Fred Pritt, associate professor of theater and director of "Our Town," the department chose to do the play because "it simply is a famous American classic that you don't see a lot."

"Our Town" is a worthy play that shows how we [America] has changed in terms of theater as well as culture," said Pritt.

Hoerner Theatre will host the performance of Thornton Wilder's beloved turn-of-the-century American classic on Dec. 4-5.

As in the past, the theatre department will offer several season ticket package options. In addition to the

usual package deals, a special ticket offer will be available to subscribers who wish to attend "Our Town" in place of "Hair" at no additional cost.

"This option is basically for subscribers who do not wish to see 'Hair' because of adult language and situations present," said Del Vecchio. "They [subscribers] can opt to see 'Our Town' instead and not lose out on a show."

All performances will be held in Dillingham Center.

Further information may be obtained by calling the IC box office at 274-3224, Monday through Friday from noon to 5:00 p.m.

Exploring Ithaca's natural attractions

A guide to parks and gorges in the region

By Will Sasche

As summer winds down and the school year begins, students often miss Ithaca's most famous non-academic attractions, its natural parks and gorges.

While the weather is still warm, now is a great time to check out the natural beauty of the area's parks.

Taughannock Falls State Park

Stretched out over 783 acres, Taughannock Falls State Park is located on the west side of Cayuga Lake on Route 89.

It is named after Chief Taughannock of the Delaware Tribe whose body was cast into the falls after a battle with the Iroquois.

The park is popular because it boasts large playing areas usually occupied with people playing soft-

ball, frisbee and football, among other field sports. Located on the shores of Lake Cayuga, a portion of the park offers spectacular views of the lake from the west.

On the other side of Route 89, a trail leads to Taughannock Falls. This unique geological formation is 215 feet high -- taller than Niagara -- and is the highest, vertical, single-drop waterfall in the northeastern

United States.

The falls can be seen from two lookout points: one from below at the end of the 3/4 mile Gorge Trail, and the other from above at the Falls Overlook on Taughannock Park Road.

The Gorge Trail is short and level, making for a nice afternoon walk, and the falls themselves are breathtaking.



The Ithacan/Christopher Burke

Taughannock Falls State Park includes many small falls, like this one near the Gorge Trail.

The park also features a boat launch with boat rentals and a beach on the lake.

The park is open throughout the year but the Rim Trail that runs along the edge of the gorge closes in the winter.

Buttermilk Falls State Park

Because of its proximity to campus, Buttermilk Falls is a perennial Ithaca College favorite. Upper Buttermilk Park is about three minutes from campus at the intersection of West King and Park Roads.

The main attractions, other than the falls, are the fields and picnic areas. Buttermilk is a great place to go with friends for an afternoon -- you can have a barbecue, play some softball, and get a tan.

Buttermilk Creek descends more than 500 feet in a series of cascades and rapids. If you're feeling hot, a natural pool at the base of the falls provides swimming with the feel of an old swimming hole.

Lower Buttermilk, on Elmira Road (Route 13), offers less room for activity, but features Larch Meadows, an area which features many unusual plants and trees.

Two beautiful trails lead from the upper park to the lower park. They follow along the creek and waterfalls, and although they are long with numerous stairs, the scenery is beautiful and well worth the effort.

The park also offers fishing areas and tent sites.

Robert H. Treman State Park

Robert H. Treman State Park is another favorite, not only because of the swimming area and falls, but because it provides a large camping ground with cabins. The park, encompassing 1025 acres, on Route 13 south of Ithaca, is the best place to go camping.

There are large areas reserved for tents and trailers, and camping permits are relatively inexpensive. Like Buttermilk and Taughannock, there are fields available for playing games or having picnics.

Enfield Glen is the scenic highlight of this park. It is an area of rustic beauty with craggy gorges and winding trails with such names as Lucifer Falls and Devil's Kitchen.

The trail from upper to lower Treman is another fun activity for the adventurous, especially for mountain bikers.

Treman also features a summer recreation program and an old mill located at the upper portion of the park.

Stewart Park

Stewart Park, located off of Routes 13 and 34, is popular with families and younger children, but there are activities which cater to the child in everyone. Playing fields, a children's playground, picnic areas, tennis courts, and a restored carousel are just some of the attractions.

Named for a former Ithaca

mayor, Stewart Park was formerly Renwick Park, site of the early movie industry in the early part of this century.

Aside from the features mentioned above, the park is also great for bikers. There is a trail that weaves through the park and over the bridges around the municipal golf course.

The park's site on the shores of Cayuga Lake offers a panoramic view of the lake and the surrounding hillsides. By the benches on the shore is a perfect place to view the sparkling water, sailboats and windsurfers.

This location is also the perfect backdrop to watch a summer sunset.

Cass Park

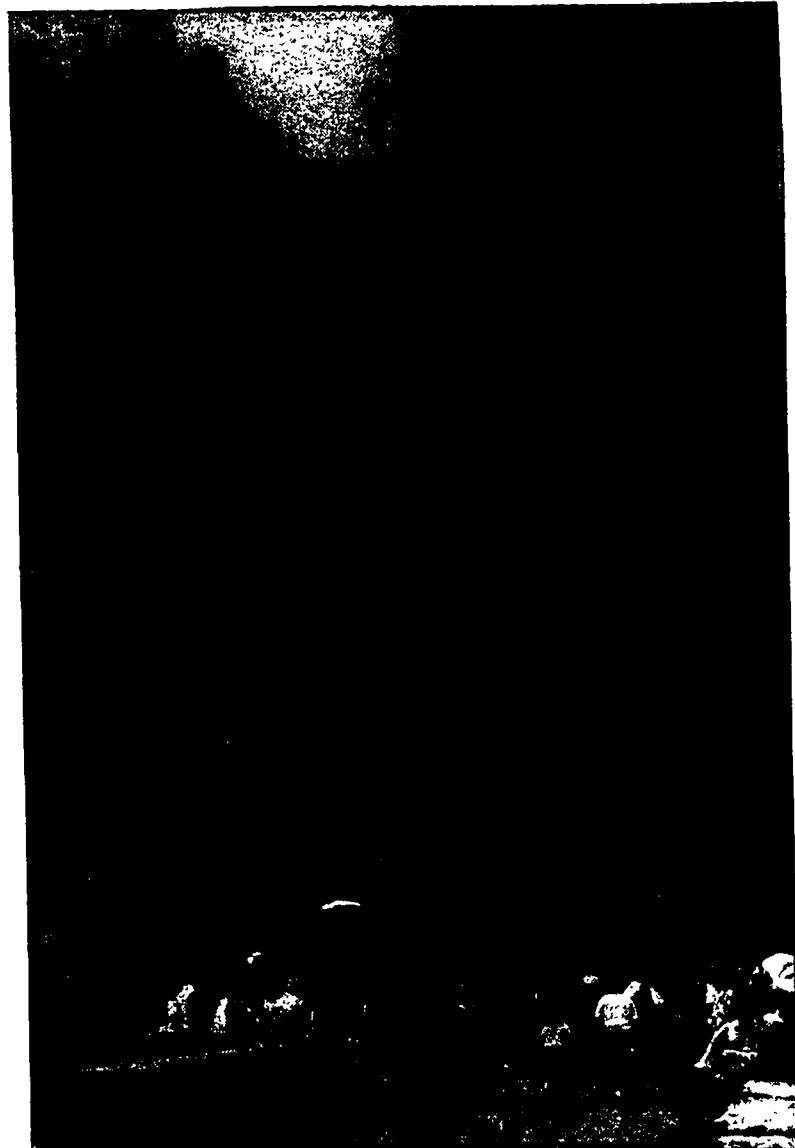
Cass Park, located on The Cayuga Lake inlet, is the busiest city park. The park boasts an Olympic-sized pool, child's wading pool, tennis courts, picnic areas and a fitness trail.

The tennis courts are free and open to the public during daylight hours -- offering the opportunity to play a couple of matches with some friends.

The picnic area is located on the Cayuga Inlet providing beautiful waterfront scenery while enjoying an outdoor picnic.

The park also offers a fitness trail, located along the inlet providing a paved walkway or jogging

See "Parks," page 25



The Ithacan/Christopher Burke

Taughannock Falls is the highest waterfall in the northeast.

Escape from the dining hall: A guide to restaurants in the Ithaca area

By Elzio T. Baretto

Getting away from the dining halls and out to eat has always been popular with students.

This guide is only a sample of the many restaurants in Ithaca and is by no means comprehensive.

CONTINENTAL

■ **The Other Side** (110 N. Aurora St.)-- Located by the Commons in downtown Ithaca, The Other Side is casual, with a varied selection of burgers, wings, hot dogs and pita sandwiches. Take out is also available. Phone: 273-2115

■ **Plums** (112 N. Aurora St.)-- Plums has a menu ranging from salads to Mexican dishes. The nachos are made with soft and crispy flour tortillas and the fajitas are brought on a hot iron griddle to the table. Phone: 273-8422

■ **Ragmans** (108 N. Aurora St.)-- Right next door to The Other Side and owned by the same people, Ragmans offers mostly sandwiches, lunch specials, soups and salads. Take out is also available. Phone: 273-5236

■ **Simeon's** (224 E. State St.)-- Simeon's, located on the Commons, offers a variety of salads, as well as an assortment of sandwiches. For before and after the meals, Simeon's has soups and desserts. Simeon's also has a comprehensive beer and wine list. Phone: 272-2212

FRENCH

■ **L'Auberge** (1152 Danby Rd.)-- L'Auberge's dishes come from traditional French cuisine and offers a more formal dining environment. Phone: 273-3464

Pizza: the fifth food group

■ **Domino's Pizza** (329 E. State St. and 23 Cinema Dr.)-- Domino's has two addresses for carryout or delivery to serve the area. Domino's offers special discount coupons every week in The Ithacan. Phone: 273-0111 or 257-4111

■ **Napoli Pizzeria** (335 E. State St.)-- Offering 15 varieties of New York style pizza, Napoli Pizzeria also has pasta and Italian specialties, wings and a wide variety of subs. Phone: 272-3232

■ **The Nines** (311 College Ave.)-- The popular restaurant/bar in Collegetown delivers deep-dish pizza, wings, burgers and subs. Phone: 272-1888

■ **Papa Napoletano Pizzeria** (101 S. Cayuga St.)-- Papa Napoletano opened last September to serve the Ithaca area. Phone: 273-6592

■ **Pizza Hut** (609 W. Clinton St., Cayuga Mall and 344 Elmira Rd.)-- Pizza Hut is located on Clinton St. for delivery or carryout and the two other locations are for dining in and carryout. Pizza Hut offers pan pizza, as well as thin'n crispy and hand-tossed traditional pizza. Phone: 277-6777, 272-8233 or 257-2778

■ **Pudgie's Pizza & Sub Shops** (211 Elmira Rd.)-- Home of the "party package," Pudgie's also offers a giant party sheet pizza with 32 slices and Buffalo style chicken wings. Salads and 15

varieties of hot or cold subs are also available. Phone: 272-7600

■ **Rogan's Corner** (825 Danby Rd.)-- Rogan's Corner is located by the Hudson Heights apartments, at the bottom of the South Hill Campus. Rogan's delivers pizza, subs and wings, offering free sodas with its pizza deliveries. Phone: 273-6006

■ **Roma Pizzeria** (503 N. Meadow St.)-- Voted by the Ithaca Journal readers in 1991 the best pizza in Tompkins County. Roma has a complete menu of Italian specialties and pastas. They offer a variety of subs, chicken wings and appetizers. Phone: 272-5800

ITALIAN

■ **Centini's Coddington Restaurant** (124 Coddington Rd.)-- Centini's has a menu of gourmet Italian cuisine including home-made pastas, veal specialties, seafood, poultry and gourmet pizza. A selection of wines from all regions of Italy and homemade Italian desserts are also offered. Seasonal outdoor dining is available. Phone: 273-0802

■ **Joe's Restaurant** (Corner of Rt. 13 & Buffalo St.)-- This summer Joe's celebrated its 50th anniversary. Joe's offers bottomless salad and unlimited refills on soda and garlic bread sticks. The menu ranges from traditional Italian

pasta to seafood specialties. Phone: 273-2693

■ **Lucatelli's Ristorante** (205 Elmira Rd.)-- Known for its Italian and continental American cuisine, Lucatelli's offers homemade Italian specialties, pasta, veal, steaks and Italian and American seafood dishes. Phone: 273-0777

MEXICAN

■ **Coyote Loco** (1876 Judd Falls Rd.)-- Coyote Loco offers traditional and unique Mexican specialties, with homemade salsa and a lunchtime burrito bar. Phone: 277-2806

■ **Mexicali Rose** (Triphammer Mall, Route 13 North)-- Mexicali Rose has daily specials like all-

you-can-eat chicken wings on Tuesday nights and family style buffet on Monday nights. There is a daily luncheon buffet and fajitas and pork barbecue ribs every night. Phone: 257-5542

ORIENTAL

■ **Chef Peking** (602 W. State St.)-- Voted "the best Chinese restaurant" by the Ithaca Journal in 1991, Chef Peking offers diverse dining selections and an all-you-can-eat luncheon buffet. Chef Peking is open for delivery daily starting at 5:30 p.m. Phone: 277-2838

■ **Pan An Restaurant** (367 Elmira Rd.)-- With 125 selections in its menu, Pan An has authentic

Chinese food and luncheon buffet. Pan An has free delivery to IC from 5 pm to 9:30 p.m. Phone: 273-9466

■ **Thien Phú Restaurant** (208 N. Tioga St.)-- Thien Phú specializes in Vietnamese and Chinese cuisine, with almost 200 items in its menu and free delivery. Phone: 272-3357

VEGETARIAN

■ **Moosewood Restaurant** (DeWitt Mall)-- Serving vegetarian gourmet cuisine, the Moosewood Restaurant is widely known for its celebrated cookbooks. The daily menu consists of three dishes to choose from, as well as desserts. Phone: 273-9610

CAFES

■ **Café Decadence** (114 Dryden Rd. and 156 The Commons)-- Offering a sophisticated atmosphere at its Collegetown location and a more casual ambience at The Commons, Café Decadence has a broad variety of desserts, as well as coffee. Café Decadence at The Commons also has some ready-to-eat, healthy choice food. Phone: 272-8490

DELIS

■ **Hal's Delicatessen and Sandwich Shoppe** (115 N. Aurora St.)-- Hal's deliveries range from a variety of sandwiches to fresh salads and from subs to hot meals. Phone: 273-7765

■ **Irving's New York Deli** (109 S. Cayuga St.)-- Irving's delivers an assortment of deli specialties including subs and sandwiches, French bread pizza and dinner entrees. Phone: 272-IRVS (4787)

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"O'Riley's playing had a veritable panorama of colorings, remarkable clarity and suppleness...a commanding performance."--Boston Globe

WEDNESDAY, APRIL 14

ERIE MILLS, soprano*

"Her singing defined perfection. Crystalline diction in four languages."--Milwaukee Journal

* Concerts are subject to change without notice.

+ Concerts are subject to change without notice.

+ Concerts are subject to change without notice.

All performances begin at 8:15 p.m. in the Walter B. Ford Hall Auditorium, Ithaca College.

Pre-concert lectures begin at 7:30 p.m. in Ford 201.

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Movie Listings for August 27-September 2

STATE THEATRE phone 273-2781

Raising Cain-- Daily at 1:30, 7
Whispers in the Dark-- Daily at 9:30
Beauty and the Beast-- Daily at 1:30
Diggstown-- Daily at 7:30, 9:30

HOYT'S AT PYRAMID MALL phone 257-2700

Twin Peaks: Fire Walk With Me-- Fri. (8/28) thru Thurs. (9/3) at 12:45, 3:40, 6:45, 9:40
Honeymoon in Vegas-- Fri. thru Thurs. at 1:20, 4:10, 7:10, 9:25
A League of Their Own-- Fri. thru Thurs. at 1, 7, 9:45
Christopher Columbus-- Fri. thru Thurs. at 4
Unforgiven-- Fri. thru Thurs. at 12:50, 3:30, 6:50, 9:35
Rapid Fire-- Fri. thru Thurs. at 1, 4:20, 7:30, 9:55
Death Becomes Her-- Fri. thru Thurs. at 1:30, 7:20, 10
The Gun in Betty Lou's Handbag-- Fri. Thru Thurs. at 4:40
Single White Female-- Fri. thru Thurs. at 1:40, 4:30, 7:15, 9:50

FALL CREEK phone 272-1256

One False Move-- Daily at 7:15, 9:35
Sister Act-- Daily at 7:15, 9:30
Night on Earth-- Daily at 7, 9:40

CINEMAPOLIS phone 277-6115

Howard's End-- Daily at 7, 9:35
Enchanted April-- Times to be announced

CORNELL CINEMA phone 255-3522

White Men Can't Jump-- Thurs., 10 at WSH; Fri., 9:30 at Uris, Sat., midnight at Uris; Sun., 4:30 at WSH
Mississippi Masala-- Fri., 6:55 at Uris; Sat., 6:25 at Uris; Sun., 8 at WSH; Tues., 7:30 at WSH
Casablanca-- Fri., 9:40 at WSH; Sat., 7 at WSH
Brazil-- Fri., midnight at Uris; Sat., 9 at Uris; Tues., 10 at WSH
High Heels-- Sat., 10:30 at WSH; Mon., 7:05 at WSH
The Canterbury Tales-- Mon., 9:30 at WSH

SAB WEEKEND FILMS phone 274-3383

Basic Instinct-- Fri. and Sat. at 6, 9; Sun. 2
My Own Private Idaho-- Sun. at 6

'Female' seeking an original element

By Brad Barton

A film that fits into a specific genre is, by definition, a "privileged" story that is told over and over again. The film has its elements that make it different from another film of the same genre, but the basic plot is the same.

The newest entry into the "thriller" genre, "Single White Female", is certainly no exception to this rule. Unfortunately, its brand as a thriller is the main detail that keeps this from being a really good movie.

Director Barbet Schroeder (Reversal of Fortune) gives us the story of Allie Jones, played by Bridget Fonda (Doc Hollywood), a New York entrepreneur who hunts for the perfect roommate after a painful breakup with her live-in fiancée. Responding to her want ad is Hedra Carlson, played by Jennifer Jason Leigh (Rush), a mousy, self-conscious, but compatible answer to Allie's problem.

For awhile, Allie appreciates the escape from loneliness that Hedra provides, even if her new roommate does have her eccentricities.

So what if she looks up to Allie to an almost frightening degree? And who cares if her wardrobe looks more and more like Allie's every day? What difference does it make that Hedra changes her hair to mirror Allie's distinctly individual style? Is there some kind of an identity crisis going on here? Yes, and the operative word is "crisis."

As one can imagine, things go

Movie Review



Single White Female

The Ithacan rates movies on a scale from 1 to 10, with 10 being the best

downhill from here. Not to give away Hedra's potentially homicidal actions, but they involve their pet yellow labrador puppy, Allie's boyfriend Sam (Steven Weber), Graham the upstairs neighbor (Peter Friedman) and Allie's business associate, played by Steven Tobolowski.

Unfortunately, none of "Single White Female"'s plot twists are surprising. Not because the movie is predictable, but because we all know the rules of the thriller genre, and we know where the story will eventually lead us.

Most know that there is the standard hero/heroine who comes into friendly contact with the seemingly normal antagonist. The antagonist gets more devious, the hero/heroine gets more suspicious, and the supporting characters, who get caught in the middle, may (or may not) start dropping like flies. Eventually the two engage in mortal combat, and you'll never guess who wins!

However, "Single White Female" certainly does its best to make the thriller genre its own. The cinematography captures the inherent

"spookiness" of Allie's apartment building, and the whole movie feels very creepy.

The performances are also top notch. Leigh is very convincing as the troubled Hedra who has a serious problem with her own identity and "slightly" possessive nature. She gives a genuinely unnerving performance. Fonda proves here that she is certainly capable of carrying a movie as a lead, and need not be confined solely to supporting roles.

One thing that "Single White Female" possesses, is the inclusion of a homosexual character that displays absolutely none of the typical stereotypes. Graham, the upstairs neighbor, is treated, incredibly enough, as any average character. The movie doesn't make a big deal over his sexuality, which is rare even in movies that try to portray homosexuals in a positive light.

The movie does have a fun time playing with our fears about new living arrangements and new, often unknown, roommates (making this an appropriate time to see this movie, considering our return to school).

Maybe "Single White Female" isn't as fresh as it should be because there have been so many recent entries into the thriller genre.

So go and enjoy the very well done "Single White Female". Just be aware that eventually there will be another thriller with a similar plot. And I'll bet you'll never figure out who wins.

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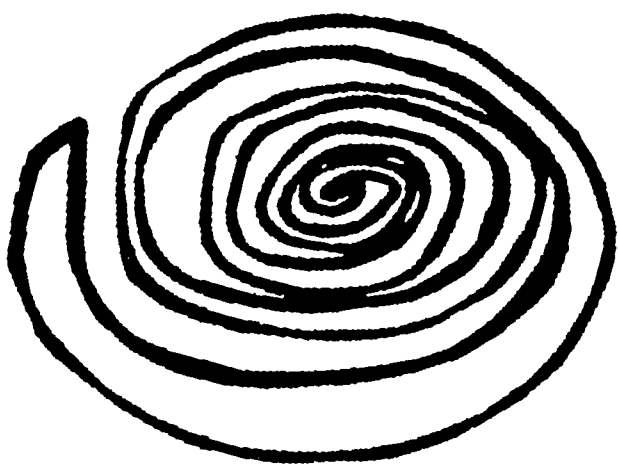
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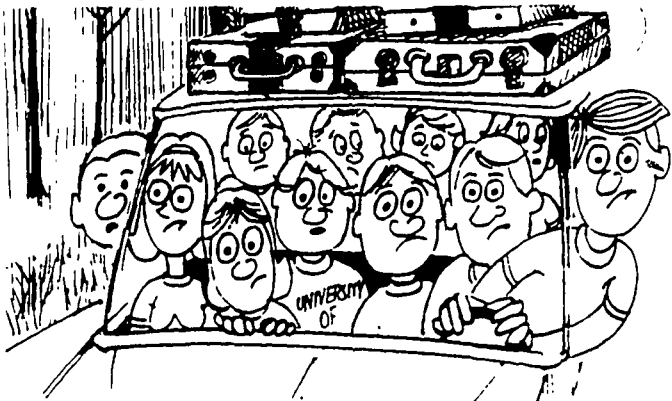
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SHORTLINE®

Singular sensation

'Singles' soundtrack potent complement to movie

By Aaron Williams

"Singles," the new film directed by Cameron Crowe, is set in Seattle. So it would seem natural for the soundtrack to contain a few groups from the Pacific Northwest. Fortunately, "Singles" contains some excellent music from the best groups the Emerald city has to offer.

Alice in Chains starts off the compilation with "Would?" This song does a complete reversal from their former work. "Would?" is a rhythmic, melodic tune, broken in the chorus by the hard-hitting style that they are most famous for.

In fact, "Singles" contains plenty of mellow tracks by artists and groups more known for hard rock.

Chris Cornell, frontman for Soundgarden, shows his musical talents with "Seasons," an acoustical jam that is unlike anything he has put out with Soundgarden.

However, Cornell and his bandmates come together for a hard track, "Birth Ritual." This song is classic Soundgarden, similar to "Hands All Over." Of note is the excellent guitar work by both Cornell and Kim Thayil.

The death of Andrew Wood in 1990 marked the demise of one of the best up-and-coming groups in the country. Mother Love Bone, for whom Wood sang, makes its mark with "Chloe Dancer/Crown of Thorns," a soft ballad from their second album, "Apple." This epic showcases Wood's musical talent with the piano as well as his voice.

When Mother Love Bone broke



Singles

Produced by Cameron Crowe and Danny Bramson
Epic Soundtrax, 1992

up, guitarist Stone Gossard and bassist Jeff Ament formed another group. With Dave Krusen, Mike McCready and Eddie Vedder, Pearl Jam emerged. Solid music combined with Vedder's vocals produced a top ten album, and two additions to the "Singles" soundtrack, "Breath" and "State of Love and Trust." These two tracks are standard Pearl Jam -- that is, they are fantastic. Vedder's soulful voice combined with the garage sound of the music aids in solidifying their position as one of the top bands of the '90s.

Mudhoney is a veteran of the Seattle music scene that emerged at about the same time as Mother Love Bone and Soundgarden. However, the notoriety that has befallen these two bands has not come to Mudhoney... yet. In "Overblown,"

they lament the recent success of their city by saying, "Everybody loves us/everybody loves our town/ That's why I'm thinkin' lately/To be leavin' now..."

Ann and Nancy Wilson, formerly of Heart, check in with their new project, the Lovemongers. They perform a live version of the Led Zeppelin classic, "Battle Of Evermore." What makes it so special is that it is so like the original.

"Singles" is more than a forum for the best bands in the Pacific Northwest. Smashing Pumpkins, a Chicago-based band, provides an eight-minute journey entitled, "Drown." It takes the listener to a slow melody, then picks it up into a guitar frenzy, much like "Rhinoceros." The final minutes are rife with guitar feedback, which is quite annoying at first, but eventually grows on you.

"Dyslexic Heart" is the first solo project for Paul Westerberg, former frontman for the Replacements. This is a melodic chant about the uncertainties of love. It's simple, but that's what makes it good. The chorus is so infectious that it gets stuck in your head all day long.

Unlike many soundtrack albums, which have one or two good songs, and not much else, "Singles" is consistently outstanding. There is an abundance of good music here by established artists; it is impossible to pick out one premier song.

"Singles" is definitely one of the best albums of the year, and should go down as one of the greatest of all time.

Cornell cinema
Weekend Highlights
255-3522

Gay Film Fridays
New Queer Shorts
friday WSH 7:30

WHITE MEN CAN'T JUMP
friday Uris 9:30
saturday Uris midnite
sunday WSH 4:30

MISSISSIPPI MASALA
friday Uris 6:55
saturday Uris 6:25
sunday WSH 8:00

CASABLANCA
friday WSH 9:40
saturday WSH 7:00
with special guest Murray Burnett in attendance on saturday

ALMODOVAR'S HIGHHEELS
saturday WSH 10:30

Brazil
friday Uris midnite
saturday Uris 9:00

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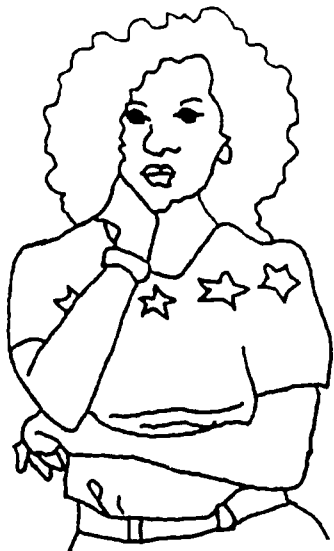
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Now showing

A guide to movie theaters in Ithaca

By Chris Gervais

The movies have always been a popular way to spend an evening and Ithaca offers plenty of opportunities.

Downtown Ithaca contains the State Theater and Cinemapolis. The State, built in 1928, shows new releases as well as second run movies. The ticket booth in the front and the balcony boxes inside give it the atmosphere of an old time movie house, with its cathedral ceilings and marble-like accessories.

Cinemapolis, located below the Center Ithaca Building, offers alternative and independent releases. Cinemapolis is unique in that it offers movie fare beyond popcorn and soda -- you can purchase baked goods and hot beverages. They also have a variety of movie posters on sale for \$10. If they are damaged, however, prices are negotiable.

Hoyt's Theaters is a seven-screen cineplex located on Route 13. Hoyt's shows the latest releases but they come at about \$6.75 for a feature movie.

Fall Creek Pictures has a different kind of character with a cafeteria style snack area and movies posters of silver screen stars on the walls.

On the Ithaca College campus, movies are shown every weekend school is in session by the Student Activities Board (SAB) in Textor Hall, room 102.

At Cornell University, Cornell Cinema shows a wide variety of movies ranging from recently released films to obscure art films in foreign languages. Cornell Cinema also hosts events such as speakers and special showings of series of short films dealing with a variety of topics.

Dates and times for the movie theaters above are listed in The Ithacan every week.

Theater Information

State Theater

Location: 109 W. State St. off the Commons.
Telephone: 273-2781
Ticket price: \$6.50

Cinemapolis

Location: Below Center Ithaca Building on the Commons.
Telephone: 277-6115
Ticket price: \$6, students \$5, matinees and Thurs. \$4

Hoyt's

Location: Route 13 North at the Pyramid Mall.
Telephone: 257-2700
Ticket price: \$6.75, matinees \$4.50

Fall Creek Pictures

Location: 1201 N. Tioga St.
Telephone: 272-1256
Ticket price: \$6, students \$5

SAB Films

Location: IC campus at Textor 102
Telephone: 274-3383
Ticket price: Fri. & Sat. \$3; Sun. \$2

Cornell Cinemas

Location: Cornell University, Willard Straight Theater or Uris
Telephone: 255-3522
Ticket price: \$4.50, students \$4.25

The Perfect Present

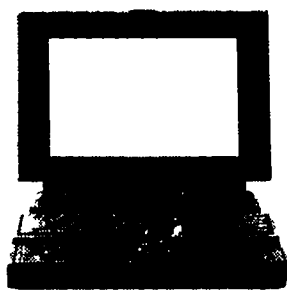


ANIMAL ATTRACTIONS

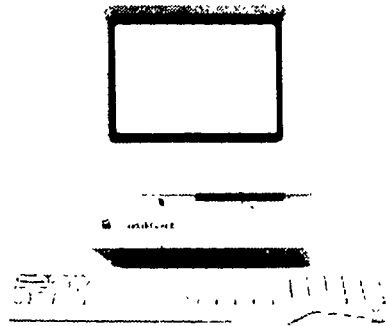
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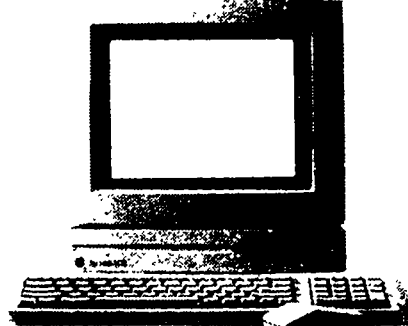
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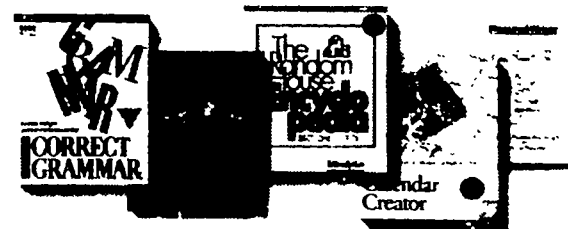
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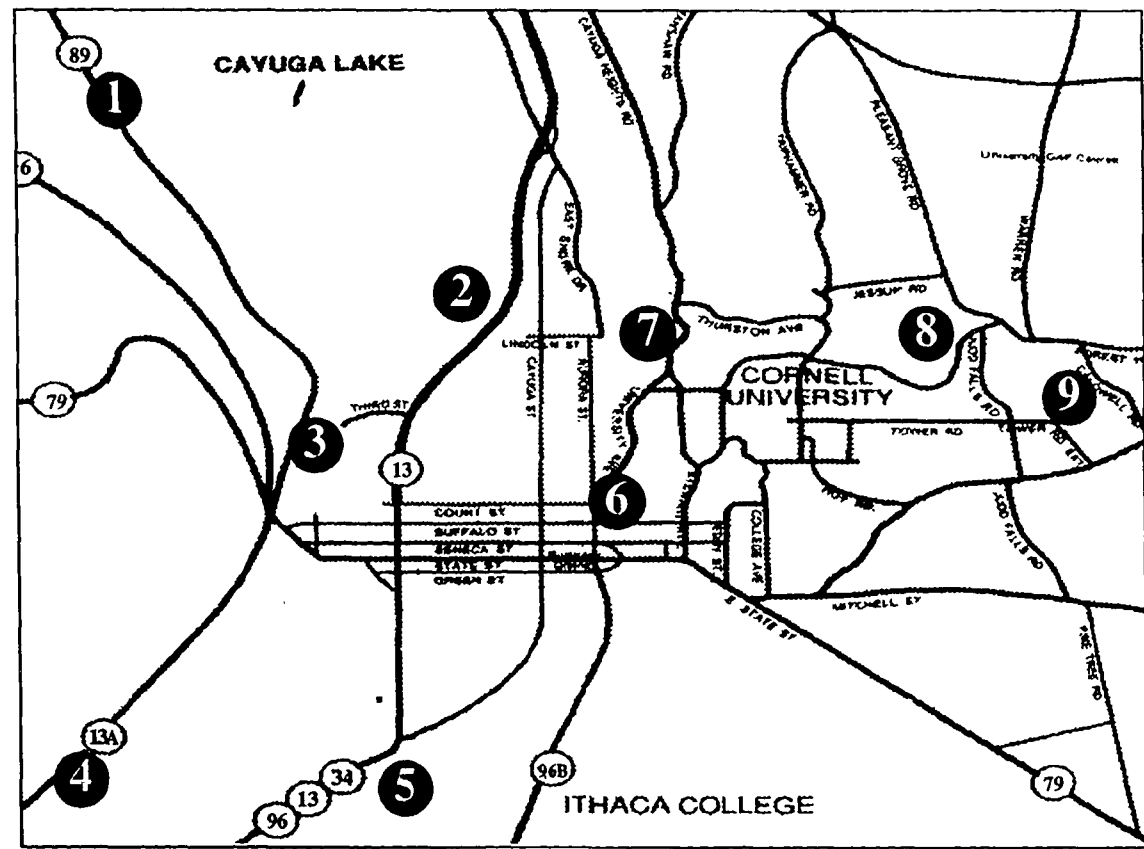
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Map to the parks



■ **1. Taughannock Falls State Park**-(Taughannock Park Road, Trumansburg, 387-6739): The park pool is open daily from 11 a.m.-7 p.m. Entrance fee is \$4 per vehicle.

■ **2. Stewart Park**-(Routes 13 & 14, Ithaca, 272-8535): Charge for carousel rides and rental of picnic pavilions. For rental information call Cass Park.

■ **3. Cass Park**-(701 Taughannock Boulevard, Ithaca, 273-9211): The park pool is open daily from Noon-6:30 p.m. Season passes are available: \$120 for non-residents and \$60 for city residents.

■ **4. Robert H. Treman State Park**-(Route 327, Ithaca, 273-3440): The park pool is open daily from 11 a.m.-7 p.m. Entrance fee is \$4 per vehicle. Tent sites are available for \$11.50 the first night, and \$10 each additional night. Electrical sites are also available for \$13.50 the first night, and \$12 each additional night. Cabins are available for rent at \$94 a week.

■ **5. Buttermilk Falls State Park**-(Route 13, Ithaca, 273-5761): The park pool is open daily 11 a.m.-7 p.m. Hours can change due to inclement weather. Entrance fee is \$4 per vehicle when the pool is open, and \$3 when the pool is closed. Tent or trailer camping sites are available for \$10 per night with a maximum of six people.

■ **6. Cascadilla Creek Gorge**-(Court Street and University Avenue, Ithaca)

■ **7. Fall Creek Gorge**-(Lake Street, across from Ithaca High School, Ithaca)

■ **8. Beebe Lake**-(Cornell University, Ithaca): Cornell Outing Club sponsors various events on and around the lake, including kayaking and canoeing. For more information call 254-4630.

■ **9. Cornell Plantations**-(One Plantations Road, Ithaca, 255-3020): Open daily from sunrise to sunset, free of charge.

Parks

Continued from page 19

path, along with exercise apparatus designed to aid in strength and flexibility development.

Large lighted playing fields host summer softball and soccer, while fishing areas are also available.

Beebe Lake

Beebe Lake, situated on the Cornell campus, is a favorite for many local people.

The trail around the lake makes

for a pleasant walk or bike ride, and you might be able to catch a glimpse of some illegal gorge swimming.

The lake is also used extensively during the summer by the Cornell Outing Club.

The club's facilities are located on the shore and include storage for kayaking and canoeing which are offered by the club on the lake.

The club meets every Tuesday and is open to everyone, both experienced and novice.

Cascadilla and Fall Creek

Gorges

The Cascadilla and Fall Creek gorges are two downtown attractions that are usually not as crowded as any of the bigger parks in the area, but are just as beautiful and scenic.

Cascadilla is on the corner of Court Street and University Avenue. A trail leads from the bottom of Cascadilla all the way to Collegetown. It is more relaxing and easier to walk up the trail than it is to hike up Buffalo Street.

Fall Creek gorge is a local favor-

ite because of the swimming area in front of the falls. Although it is not supervised by a lifeguard, on every warm day people cool off in the gorge after work or during their lunch break. The gorge is on Lake Street across from Ithaca High School.

Cornell Plantations

Cornell Plantations is a free museum of living plants located adjacent to the campus of Cornell University.

The botanical garden features

herbs, cut flowers, garden perennial, heritage and modern vegetables, and international crops.

The F.R. Newman Arboretum specializes in trees and shrubs native to New York State. Campus gardens exhibit azaleas, unusual plants for horticultural study, poisonous plants, and orchids. A network of trails through campus natural areas affords an opportunity for hiking and nature study.

See related story concerning park safety on page 4.

Ithaca College Theatre

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SUBSCRIPTIONS AVAILABLE NOW for the 1992-1993 season:

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Our Town—December 4-5

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PREP / DISHWASHER- professional, hard working, team oriented persons needed for upscale Catering Company. Part time. 273-0034 for appointment. Call between 10a.m. - 1 p.m.

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Danby Car Show-Flea Market -- Swap Meet. 4 miles south of IC. 96B Sept. 5th & 6th

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SERVICES

Keep Your Tan

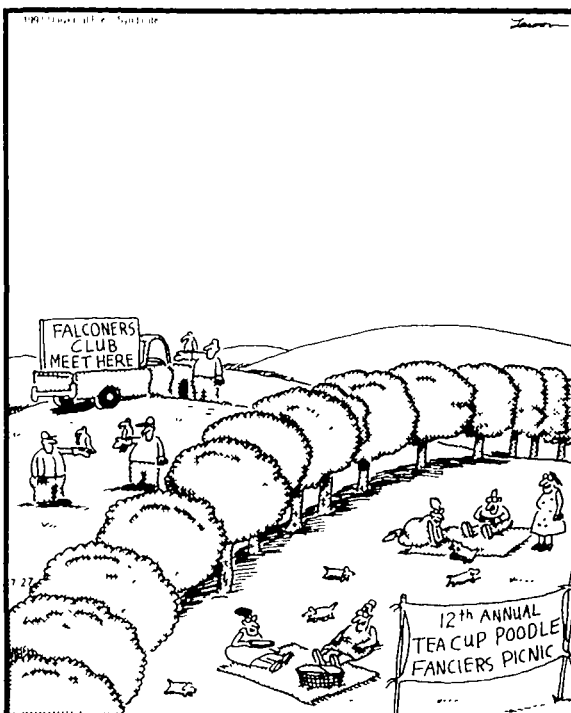
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PERSONALS

Mr. & Mrs. Butler,
Congratulations, and we miss you
around The Ithacan!!!

THE FAR SIDE

By GARY LARSON



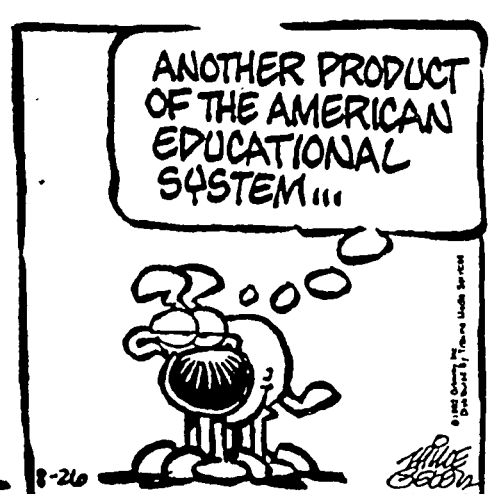
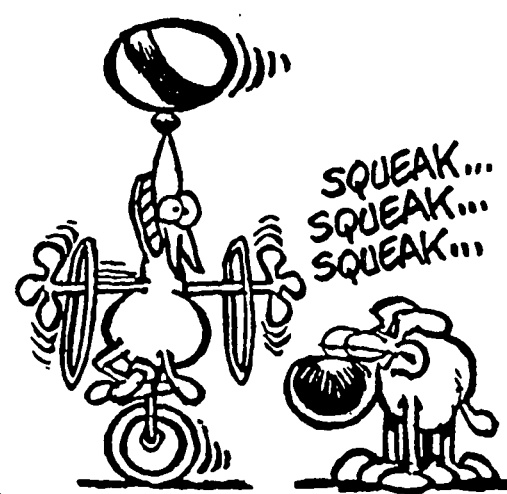
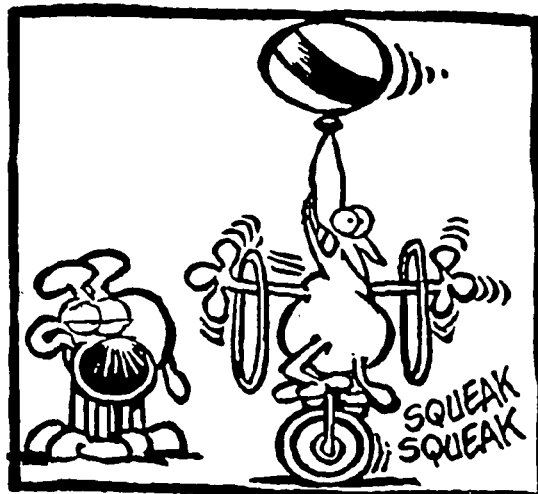
Trouble brewing



"He's got one shot left, Murray -- and then he's ours!"

MOTHER GOOSE AND GRIMM

By MIKE PETERS



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- BY THE SEMESTER
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YOU'D ADMIT THAT?

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I FEEL I HAVE AN OBLIGATION TO KEEP A JOURNAL OF MY THOUGHTS

OH?

BEING A GENIUS, MY IDEAS ARE NATURALLY MORE IMPORTANT AND INTERESTING THAN OTHER PEOPLE'S, SO I FIGURE THE WORLD WOULD BENEFIT FROM A RECORD OF MY MENTAL ACTIVITIES

HOW PHILANTHROPIC OF YOU

WELL, THE WORLD ISN'T GOING TO GET IT CHEAP

SO WHAT ARE YOU WRITING TODAY?

I COULDN'T REALLY THINK OF ANYTHING, SO I'M DRAWING SOME MARTIANS ATTACKING INDIANAPOLIS

CALL ME CALVIN.

Actually, make that, "Calvin, Boy Genius, Hope of Mankind."

... OR "DOCTOR DESTINY" FOR SHORT.

(That's "Doctor Destiny, Sir" to you)

MY JOURNAL IS OFF TO A GOOD START

WE'VE GOT TO GET CABLE TV, DAD.

NO, WE DON'T.

BUT PEOPLE ACROSS THE COUNTRY ARE WATCHING DIFFERENT TV SHOWS THAN WE ARE!

IF WE DON'T ALL WATCH THE SAME TV, WHAT WILL KEEP OUR CULTURE HOMOGENEOUS? WE CAN'T RELY ON MONOLITHIC NETWORKS TO PROVIDE UNIFORM NATIONAL BLANDNESS ANYMORE!

THERE'S STILL McDONALDS AND WAL-MART.

BUT THEY DON'T COME INTO OUR HOMES!

COMICS!

THE FAR SIDE By GARY LARSON

TEAM 44
TRUMP
ADDITIONS IN
THE HOUSE

Hey! Rat race! My name is Ernie Miller and tomorrow I'm moving to an island in the South Pacific where I'm going to sit on a beach, sip coconut milk, and watch the sun go down! Kiss my butt goodbye, human cess pool! Ha ha ha ha ha ha!

OUTLAND By BERKELEY BREATHED

Outland
by Berkeley Breathed

HI, VOTER!!

AUGH!!

I'M IN THE MAYORAL RACE! WHAT WOULD YOU LIKE TO SEE ME DELIVER?

A CHANGE OF UNDES!

PANT PANT PANT WOO!

AN UNDISBURY!! DONE!!

THEN I'M OFF TO JOIN THE RACE FOR GOVERNOR!!

AND THEN THE RACE FOR CONGRESS! THEN THE RACE FOR SENATE! THEN I'LL RUN AGAIN. AND AGAIN. AND AGAIN. AND AGAIN.

AND THEN THE RACE FOR PRESIDENT! EXCUSE ME, I'M OFF TO THE RACES!!

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SPORTS

Kick-starting the season



The Ithacan/ Tor Seemann
Senior back Liz Neu heads the ball during practice Wednesday afternoon on Upper Terrace Field.

By Scott D. Matthews

The Ithaca College women's soccer team will have some adversity to deal with this year.

WOMEN'S SOCCER

New NCAA practice restrictions will allow them only nine regular practices before the season opener, just two after the final roster is selected on Saturday. The team has lost two goaltenders and two defenders who were key members of the team for four years. And finally, there is the added pressure of defending their national titles for the second straight year.

With all the complications, the Bombers may have good reason to be apprehensive.

"If they're not in the national picture, they'll be disappointed," head coach Pat Farmer said.

So much for concern.

It might be easy to overlook problems when a team has the returning talent Ithaca does. Their forward line boasts seven experienced players who Farmer said will see substantial time. The midfield and backs, whom Farmer considers the strongest unit, are also stocked with talent. Goaltending is a bit of a question mark, Farmer said, but a strong defense may help the inexperienced keepers settle in.

In addition to several personnel changes, Farmer has instituted a new formation. Last season, the Bombers used a lineup consisting of four backs, three midfielders, and three attackers.

In 1992, Ithaca will switch to a 4-4-2. Farmer said the new style will allow the offense to better exploit its talents. "If we put four up front, it gets really congested," he said.

The new formation will feature two forwards up front, and two who will play on the midfield wings. Farmer said this will avoid crowding up front and permit the forwards in back to rush into the play after it develops.

The forwards are "the most experienced group. See 'Women's Soccer,' next page

Inside

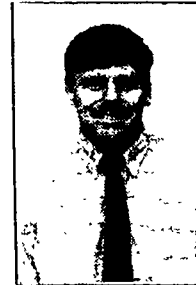
Ware retires



After 26 years of coaching at Ithaca College, cross-country coach Bill Ware, a member of the Ithaca Sports Hall of Fame, has decided to retire from coaching.

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New coaches



With the departure of Bill Ware, head track coach Jim Nichols will take the cross-country reigns. There are also three new coaches on the South Hill.

Pages 31, 34

In the Bomb Sight looks at the renaming of South Hill Field in honor of head football coach Jim Butterfield. The Robert Trent Jones Golf Course at Cornell is the first course review in the new series "In the Swing." Complete Intramural information is also included, and By the Numbers contains the complete fall sports schedule.

NCAA practice restrictions hamper fall teams

By Scott L. Matson

The National Collegiate Athletic Association (NCAA) has passed legislation that may make it more difficult for some Ithaca College teams to have a successful season.

At an NCAA meeting in January 1992, legislation was passed that drastically affects when teams can start practices. The ruling states all teams--except football--cannot begin practices until August 24 or the first day of academic classes.

Ithaca College Athletic Director Robert Deming objects to the new legislation, and feels it gives other schools an unfair advantage.

"Other schools can have double sessions where we [IC] cannot," Deming said.

The combination of this NCAA ruling and IC's academic calendar have forced teams like field hockey and soccer to make adjustments. All "traditional" fall teams had the first day of practice on Monday, Aug. 24.

The football squad had one week of practice under its belt by that time. Football is under different legislation which allows a team to have a certain number of practice dates prior to its first contest.

According to Deming, the other teams should be allotted 18-20 practice opportunities. The old legislation permitted those opportunities prior to the '92 season.

"The other coaches are in a ma-

jor constraint," Deming said. Women's soccer head coach Pat Farmer echoes Deming's thoughts, "They [NCAA] are making a huge mistake," she said.

Farmer's team takes the field for the first time on Sept. 2, just eight days after starting practice. According to Farmer, the number of practice opportunities from last season were cut from 20 to nine.

"They would never cut a football team's practices by 50 percent," he said. With this loss of valuable practice time Farmer believes it will set his team back.

"After last night I thought some about whether we should change stuff that could have been left the same from last year," he said. "Kids aren't going to be fit or as tactfully sound."

According to Farmer, many of his returning players want to prepare for games, but they can't because practices are restricted to conditioning.

The Empire Athletic Association (EAA) sponsored legislation that implemented a specific number of practice opportunities prior to a team's first contest. According to Deming, the writing of the proposal was flawed. There was no support of the proposal from other EAA schools.

There is an obvious discrimination against teams other than football. Each team has had their pre-

season cut by about seven calendar days.

"Football needs the most time to prepare because of the physical aspect of the game," Deming said.

Field hockey, for example, opens the season on Sept. 5 at Hartwick. Both teams started practicing on the same day, Aug. 24.

Ithaca started classes on Wednesday, Aug. 26, while Hartwick's academic calendar does not begin until Sept. 7. This allows Hartwick to schedule more practices during the week, while the IC players are in classes.

If the proposed legislation passed, the field hockey team could have started practice on Aug. 21. Although it is only five days, it would have resulted in ten practice sessions.

Farmer has the same disadvantage, and worries about not having enough time to evaluate his players. "I worry that I might overlook someone. This [legislation] will get my anger up," he said.

"Walk-ons will be at a definite disadvantage," Deming said.

One Ithaca coach has attempted to rectify the situation. Field hockey head coach Doris Kostinsky submitted a letter to the NCAA in objection to the starting date policy. The next NCAA meeting is not until January 13-16, 1993, and Deming expects agreement with the change at the national level.



The Ithacan/ Christopher Burke

Sophomore Jason Blood plows forward during Sunday's practice.

Women's Soccer

Continued from page 29
of attackers we've ever had," Farmer said.

Seniors Lorrie Deyle (10 points), Lise Moore (six goals), Ashley Ryder, Dana Marangi, and junior Jen Guyer are the favorites for starting spots, while sophomores Paige Miller (six goals) and Melanie Huss will also figure prominently.

While Farmer said he doesn't see a superb scorer from this unit, he doesn't expect to have any scoring problems.

"All of them are capable of 5-8 goals," he said. "They have the potential to be more cohesive than any unit we've ever had before."

With forwards occupying two of the midfield slots, the inside positions will be filled by juniors Kristin Kaupang, the team's leading scorer last season, and Susan Condelli.

Farmer said the new formation offers the inside backs more offensive opportunities. "The two center midfielders will not have so much single-man defensive responsibilities," he said.

Kaupang scored nine goals and 23 points last season. "Kristin's very good in the air," Farmer said, noting many of her goals were scored off headers.

Condelli, who scored three goals last season, can also spur the attack. "Condelli can really rip the ball from long range," he said.

The backs will miss four-year starters Katie Kleinhaus and Kim Reese, but Farmer doesn't expect any dropoff in the squad's stellar defense.

Another maneuver the coach has made is to move Cathy Moss, formerly a midfielder, back to Kleinhaus' sweeper position.



The Ithacan/Tor Seemann
Head coach Pat Farmer reacts during Tuesday's practice.

"She's capable of going back right away," Farmer said.

Stopper Megan Collins, now a junior, has played almost every minute since her debut and established herself as one of the top defenders in Division III, earning Defensive Most Valuable Player honors in last season's NCAA Championship. "She just never screws up," Farmer said.

The wing fullback positions will be held down by senior Liz Neu and sophomore Tanya Koning. Farmer said they are usually the fastest players on the field.

Goaltending is the one area of the team which is not set. Gone are Beth Howland, the holder of many IC records and who Farmer called the best in Division III last year, and solid backup Beth Greco.

"We've definitely been spoiled," Farmer said. "They (Howland and Greco) put up good numbers for four years."

The lone returner is sophomore Emily Johnson, who played 154

minutes last season. She is recovering from shoulder surgery. "She's way ahead of what they (her doctors) thought she'd be doing," Farmer said.

Also in the goaltending picture is senior Karen Fischer. She has been a basketball standout, but hasn't played soccer since high school. Another candidate is freshman Suzanne Sheedy.

Farmer said the defense will need to help the keeper break in. "No matter what happens, it will be someone with little or no experience," Farmer said. "We can't put them in a position where they have to save games."

With the tough schedule and lack of practice time the team might not be sharp early. "It might be some ugly soccer," he said. Farmer said the team is shooting to get through the season with about four or five losses. That should be enough to gain an NCAA tournament bid.

Once in the playoffs, according to Farmer, "anything can happen."

Football field to bear Butterfield's name

By Scott D. Matthews and Scott L. Matson

With three national championships and nearly 200 victories, football head coach Jim Butterfield's career highlight will come Sept. 19.

IN THE BOMB SIGHT

In a ceremony prior to the Bombers' home opener against Montclair State, South Hill Field will be renamed Jim Butterfield Stadium.

Sports Information Director Pete Moore said all of Butterfield's former players have been invited to the dedication. A new sign and plaque are in the works as additions to the festivities.

"It was a great surprise. I was very honored, humbled and grateful," Butterfield said. "I have always known I wanted to coach, but I could have only dreamed of this."

Butterfield is entering his 26th season at the helm of the football squad. With a 191-63-1 career win-loss record, Butterfield is fourth on the list of winningest active division III coaches. The Bombers are coming off a 1991 season that brought them a third national championship and an undefeated season at home.

Danny Sheehan had no problems adjusting to Division III lacrosse last season. The native of West Genesee, N.Y., tallied 35 points, third on the strong Bomber squad. This summer, Sheehan kept the ball rolling, not to mention flying into the net. He helped the United

States under-19 team capture the Junior World Lacrosse Games, held at Hofstra University earlier in the month.

Sheehan found the goal eight times in the tournament as the Americans routed the likes of Australia, Japan, and England. The team hasn't lost a game since the tournament began in 1988.

In addition to several coaching changes that occurred over the summer, assistant sports information director Tim Markey was hired as the new sports information director at Hartwick College.

Markey is a 1987 Ithaca graduate. He joined the sports information department in November 1989 after a stint as sports director of NewsCenter 7 on local cable television.

Markey was instrumental in achieving the many awards the sports information department has garnered over the last few years, including nine last year. His new position is well-earned.

Replacing Markey is Bub Parker. He is a 1991 graduate of Juniata College, where he worked in the sports information department and earned three varsity letters in golf.

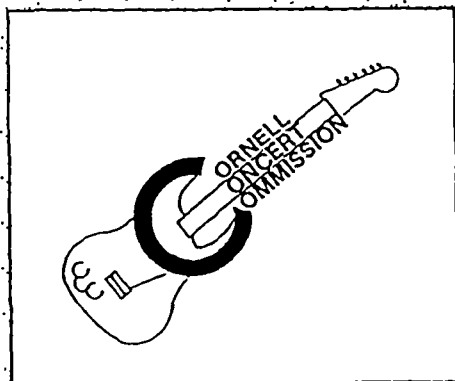
Parker comes to the South Hill fresh from a year as the sports information intern at Lafayette College, where he also served as editor of the Maroon Club Newsletter in addition to his regular duties.

"I'm very, very excited to be here," Parker said. "There is so much to learn and get involved with. It's a great situation for me."

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Brilliant scenery conceals tough course

By Scott L. Matson and Scott D. Matthews

Carved unobtrusively on the East Hill, the Robert Trent Jones Golf Course at Cornell University carries a storied 50-year tradition.

The picturesque green fairways have played host to the likes of Jack Nicklaus, the United States Junior National Championship, and a qualifier for the U.S. Open.

Each year, the course is home for both the Cornell and Ithaca College golf teams, and the New York State public high school championship rounds.

The course itself is a challenging one, and beginning golfers are advised to practice on a much easier course before trying this one.

In general, the course is a good driving one, as the fairways are quite wide. However, the rough is extremely long, and any ball landing out of the fairway becomes a challenge.

Each green presents a unique hazard. The greens are anchored by numerous sand traps and have a noticeable upgrade. Large breaks make two-putting a relief rather than a disappointment.

Perhaps the strength of this course lies in its four par three holes. The last of these, the 17th, is only average compared to the other three. On any other course, the 17th would be one of the highlights.

The other par threes all have one thing in common: a green totally shaded by trees and surrounded by bunkers.

The second hole is 154 yards long from the white tees with a slight dogleg right.



The beauty and danger of this hole is provided by a gorge off the right side of the fairway. Looking out from the green provides a wonderful view highlighted by the Johnson Art Museum looming up in front of the hills.

The 155-yard fifth hole is also a perfect photo opportunity. The elevated tee shows a serene setting of the Equine Research Center.

The green, guarded by a large pond, is surrounded by so many trees that the entire area is shaded. Tee-shots must hit the green, or they wind up in the drink.

The 12th hole has enough sand to rival Bermuda. Tee-shots need to be nearly perfect in order to avoid the traps.

The only way to play this hole is to aim for the front of the spacious green and hope the shot has enough bite to stay near the pip.

The rest of the course is also strong. The 410-yard, par four fourth hole is a dogleg right with trees lining both sides of the fairway.

The green is elevated with a ridge, and offers the same back-ground as the fifth tee.

The sixth hole, a par five, is 490

yards long with a sharp dogleg right. The tee shot provides no room for error, as a drive out of bounds to the right side could land on the seventh green.

The walk down the fairway offers the sight of the clubhouse behind the green, with the rolling hills and the Cornell campus off the left side.

The 14th and 15th holes about the residential area of the Cornell campus. In fact, the 14th green is ringed by a huge screen designed to keep errant approach shots from damaging property.

The only apparent problems the

course suffers from are the presence of roadways which can affect play.

The 10th, 15th, and 18th holes have roads running parallel to the fairways, so a shanked drive can create some anxious moments for passing motorists.

On the eighth hole, tee shots must clear another road which separates the tee from the fairway.

Worst of all, the 10th and 11th fairways are severed by an access road. But these flaws only enter play on rare occasions.

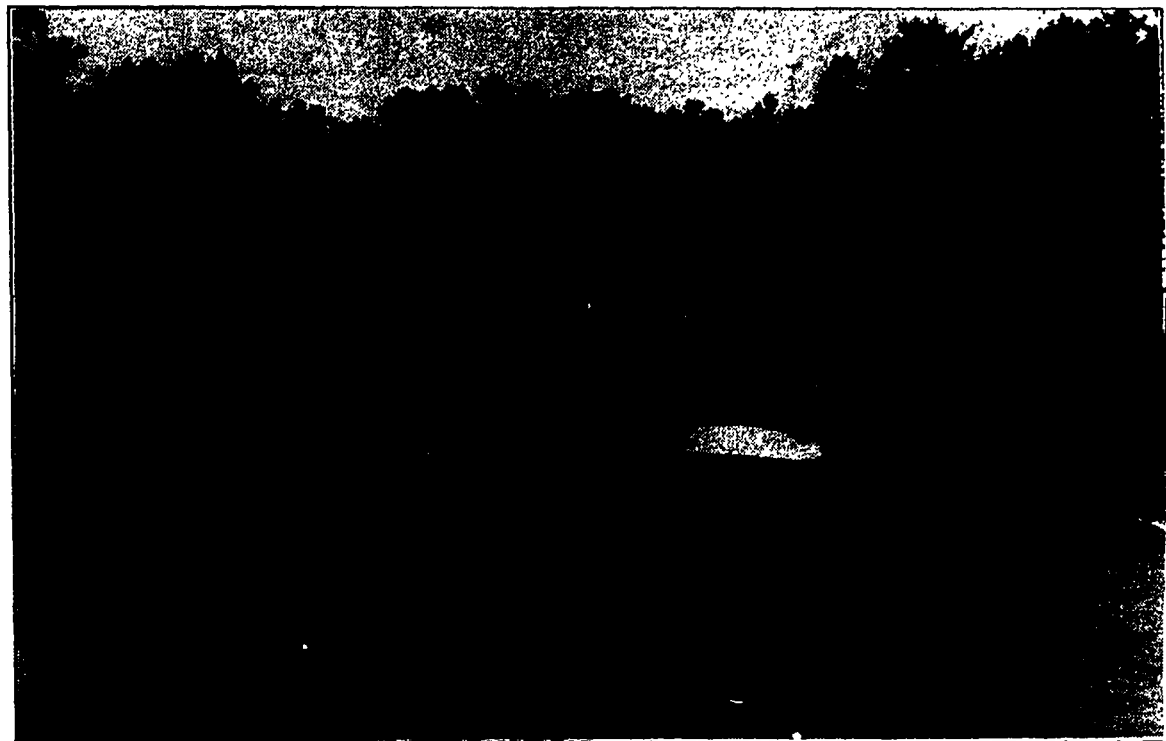
Perhaps the real drawback to the course is its popularity. Members

have first priority, and getting a tee-off time is not easy. Also, the course is usually crowded, so quick play is essential.

Students from Cornell and Ithaca College are allowed. The rates are very reasonable for students, but a valid school identification must be presented.

It is necessary to call for a tee time in advance. The phone number for the pro shop is 257-3661.

The season usually runs from April 1 to November 1. Lessons are available, and the club pro, William Richard Costello, is an award-winning instructor.



Ithacan/ William Rubenstein

The par three, 155-yard fifth hole at the Robert Trent Jones Golf Course at Cornell University.

As the ball bounces

New IC volleyball coach Janet Grzymkowski brings experience from many different places

By Scott D. Matthews

Janet Grzymkowski has an impressive resume when it comes to volleyball.

From Cortland to California to her current place on South Hill, the new IC volleyball coach has played, been a head coach and worked as an assistant. She has been part of high school and college teams and three teams in the Empire State Games.

So it may come as a surprise that Grzymkowski didn't take up the sport until she reached college.

A native of Rochester, Grzymkowski played mostly basketball in high school. While at Cortland, she took a volleyball class. The coach liked what she saw, and Grzymkowski received an invitation to try out for the team.

That class led to Grzymkowski being named captain of the team her senior year, and appearances with three Central Region teams in the Empire State Games.

The end of her collegiate playing days coincided with the beginning of her coaching career. While a senior, she also served as coach of Tully High School for one season.

That job was followed by a one year stint at Newark High School. She also coached a boys 19-and-under United States Volleyball Association (USVBA) team.

The next stop for Grzymkowski was a big step up from the high school ranks, with her appointment to head coach at Keuka College. It was there she says she gained valuable coaching experience.

"The hardest part was letting the players know I was head coach," she said. Grzymkowski, 25 years old at the time, had two seniors who were 23.

She spent last season in California, as an assistant at Humboldt State College.

"A lot of the people in the sport feel that's where the best volleyball is played," she said. "I liked the idea of getting different philosophies. The move proved beneficial! Grzymkowski said she gained respect from



The Ithacan/ Scott D. Matthews
Janet Grzymkowski

I want to make this a very easy transition for the players. I believe very strongly in giving every player a chance."

-Janet Grzymkowski, head volleyball coach

her peers on the East Coast.

Grzymkowski is aware taking over an established team holds changes for players.

"I want to make this a very easy transition for the players," she said. With 10 returning players plus open tryout sessions, the battle for squad spots is competitive. "I believe very strongly in giving every player a chance before making any decision," she said.

While the move to head coach at Ithaca is a big step, Grzymkowski is confident in her abilities. "I felt I was ready," she said. "I look forward to the challenge."

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Intramural sports seek athletes and volunteers

By Scott L. Matson

While Ithaca College enjoys a strong intercollegiate athletic program, the school also offers extensive intramural competition. Everything from aerobics to touch football will be offered during the fall season. Information on the fall program is listed below:

Floor Hockey

An organizational meeting for anyone interested in playing will be held on Monday, Aug. 31 in room 57 of Hill Center, at 6 p.m.

Games are scheduled from 7-10 p.m., Monday through Thursday, and Sundays from 1-10 p.m. Play begins Tuesday, Sept. 8.

An organizational meeting for anyone interested in officiating floor hockey will be held on Monday, Aug. 31 in room 57 of Hill Center, at 6:30 p.m. All officials are scheduled to meet at 12:15 p.m. Tuesday, Aug. 25 for game assignments.

Students are required to attend a training session, and will be paid \$4.25 a game. No experience is necessary, but some knowledge of deck or ice hockey is beneficial.

Aerobics

Students who are interested in the aerobic program must attend one of the two scheduled meetings on either Tuesday, Sept. 1 or Wednesday, Sept. 2. Both meetings will be in the Hill Center dance studio at 7 p.m.

Students who are interested in becoming instructor are encouraged to attend a meeting Tuesday or Wednesday at 7:30 p.m.

Aerobic classes are held seven days a week and begin Thursday, Sept. 3.

Outdoor Soccer

An organizational meeting for men's, women's and co-recreational teams will be held Tuesday, Sept. 1 at 6:15 p.m., in room 1 of Dillingham Center.

Games will begin Tuesday, Sept. 8 and run Monday through Thursday from 3 p.m. until dark.

Officials are also needed, and a meeting will be held Tuesday, Sept. 1 at 6:45 p.m. in room 1 of Dillingham. Students are required to attend this meeting. Pay for the job is \$4.25 per game.

Volleyball/Sand

Volleyball tournament

All students, staff and faculty are invited to form teams for a recreational tournament. A meeting for managers will be held on Wednesday, Sept. 2 at 6 p.m. in room 57 Hill Center.

Tournament play begins Tuesday, Sept. 8. Games are scheduled to start at 3 p.m. Monday through Friday, 1 p.m. Sunday.

A meeting for managers and interested players for intramural volleyball will be held Monday, Sept. 14 at 6 p.m. in room 57 Hill Center.

Games begin Sunday, Sept. 20. Hours for indoor volleyball are from 7-10:30 p.m. Monday through Thursday and 7-10:30 p.m. on Sunday.

Officials for volleyball are also needed. A meeting will be held

Wednesday, Sept. 2 at 6:30 p.m. in room 57 Hill Center. Students are required to attend this meeting, and will be given schedules at 12:15 p.m. Tuesdays. Pay for officiating is \$4.25 per game.

Team Tennis

The meeting for the co-rec tennis league will be held Tuesday, Sept. 8 at 6:15 p.m. in room 1 Dillingham Center.

Teams will include two males and two females. Matches are scheduled to be played on the weekends, and courts will be reserved for the tournament.

Touch Football

A meeting for men's, women's and co-rec teams will be held Monday, Sept. 28 at 6 p.m. in room 57 Hill Center. Teams will play a round-robin schedule and a single-elimination tournament.

Games are scheduled from 3 p.m. until dark Monday through Thursday and from 1 p.m. until dark on Sundays. Games begin Sunday, Oct. 4.

Officials are also needed, and a meeting is scheduled for Monday, Sept. 28 at 6:30 p.m. in room 57 Hill Center. Officials receive schedules at 12:15 p.m. Tuesdays.

All officials are required to attend a mandatory training session. Pay for the job is \$4.25 per game.

Golf Tournament

An 18-hole captain and mate (2 person) tournament will begin Saturday, Oct. 10 at 11 a.m. at the Hillendale Golf Course, 218 Applegate Road in Ithaca. For directions call the golf course.

An entry fee of \$24 is due by Friday, Oct. 2 in the Recreational Sports Office. Make checks payable to Ithaca College. Power carts rent for \$17 and pull carts are \$1.50, the course does not have rental clubs.

Players will be notified of tee times on Wednesday or Thursday.

Basketball

A meeting for all persons interested will be held Monday, Oct. 7 at 6 p.m. in room 57 Hill Center.

Games are scheduled from 7-11 p.m. Monday through Thursday and from 1-10 p.m. on Sundays. Play begins Tuesday, Oct. 20.

Officials are also needed, and a meeting will be held on Monday, Oct. 7 at 6:30 p.m. in room 57 Hill Center for those who are interested. Officials are assigned schedules at 12:15 p.m.

Tuesday. The job pays \$4.75 per game.

5K Run and Walk

This second annual event will be held Saturday, Oct. 31 with walkers starting at 8:30 a.m. and runners at 9 a.m.

Entry forms can be picked up from the Recreational Sports Office in the Hill Center. The entry fee is \$7 until Tuesday, Oct. 27. Late registration will be on Saturday, Oct. 31 at the Ithaca College track.

Walkers can register from 8-8:15 a.m., runners from 8-8:45. Fees on race day are \$10.

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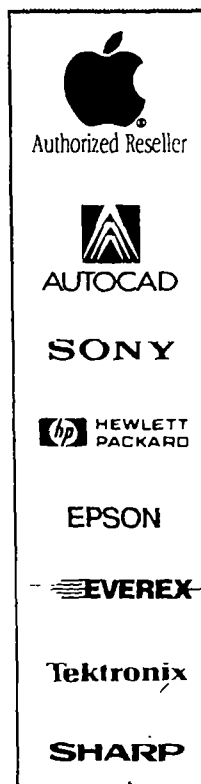
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After 26 years of coaching, Ware steps down

Member of the Ithaca College Sports Hall of Fame says it was one of his toughest decisions

By Dickon Geddes

Many things at Ithaca College have changed in the past 26 years. People have come and gone, new buildings have been built and there are now far more teams on campus.

But one thing that did not change was that Bill Ware was coaching one of four athletic teams. That was, until the beginning of this semester. Ware has finally decided to hang up his coaching boots.

Ware retired this year because the day-to-day running of the program after 26 years "got too much for me." He described his decision as "one of the hardest I ever had to make."

His last coaching job was the men's cross-country team, a position he held from 1982 to last season. He also started up the first women's cross-country team, which had only five runners when it first began.

Today, there are more than 40 women runners. Ware has tutored 18 cross-country All-Americans.

Ware's coaching career at Ithaca began in

1965 as the men's swimming coach.

"I was really looking forward to this opportunity," he said. "The new swimming pool had just opened, and everything was brand new in the building."

In 1966, Ware also decided to coach the men's lacrosse team, which was then a club sport. In 1967, lacrosse attained varsity status. "I was very happy doing these two sports," he said. "But it was very hard work."

Ware did not have an assistant, so his days were more than full. His swim team practiced in the morning and the afternoon. He also taught classes. He then coached lacrosse from 11 p.m. to 1 a.m.

Ware did not have much free time, and he credits his wife Helen, who he married in college, for having patience with his busy schedule. "It was a wonder I wasn't divorced," he said.

In 1977, Ware decided his grueling schedule was getting to be too much, and decided to quit coaching lacrosse.

In his 11 years, the lacrosse team won the Northern Lacrosse Division Championship

in 1970, and 1973, and shared it in 1969, 1971 and 1972. Ware's final record stood at 77-34, a winning percentage of .686. His win total is still a school record.

Ware took a sabbatical, and when he came back in 1978, he taught men's swimming for two more years, as well as coaching the women's swim team from 1979-1980.

In 1980, Ware decided to go into administration because "wanted a change." But two years later, He said he "got a little bored with the job, and wanted more work," so he turned to cross-country.

While Ware is now a member of the Ithaca College Sports Hall of Fame because of his coaching exploits, coaching was the last thing on his mind when he enrolled at Cortland State in 1953.

"I was not really sure about what I was doing," Ware said. "My grades were O.K. but I decided to leave."

From 1954 to 1956, Ware joined three friends and went into the army to fight in the Korean War. He got paid \$72 a month (excluding board and lodge) but received an

extra \$50 for parachute jumping.

Ware had Thursday mornings off, but late Wednesday nights, the paratroopers had to go for long walks. It was on these hikes that Ware finally found himself.

"I suddenly realized, what the hell am I doing out here," he said. "It was then I decided to go back to Cortland to finish my physical education degree."

When Ware graduated in 1959, he decided to go to Indiana University to earn his Master's degree. It was there he met swimmer "Doc" Castleman.

Ware said Castleman had "a great influence on his career." It was Castleman who convinced him to go into coaching.

In 1960, Ware began his first athletic teaching job at Eastridge High in Rochester where he taught swimming and lacrosse, before moving to Ithaca.

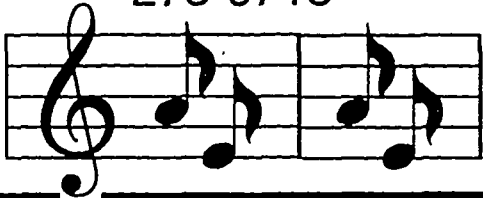
While his coaching career has come to an end, Ware's work at Ithaca College has not. He will still be head of GIPPE courses at Ithaca. He said he "will miss the coaching side of things."

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Ithacan Sports

BY THE NUMBERS.

Compiled by Scott D. Matthews

1992 fall sports schedule

FIELD HOCKEY

September:		
Sat., 5	at Hartwick	1 p.m.
Wed., 9	Colgate	4 p.m.
Sat., 12	Lock Haven	1 p.m.
Tue., 15	Bloomsburg	4 p.m.
Sat., 19	at Kutztown	1 p.m.
Wed., 23	Cornell	4 p.m.
Sat., 26	Frostburg at Salisbury, Md.	1 p.m.
Sun., 27	at Salisbury	11 a.m.
Wed., 30	at Cortland	4 p.m.
October:		
Sat., 3	Messiah	1 p.m.
Sun., 4	Southern Maine	12 p.m.
Wed., 7	at William Smith	4 p.m.
Sat., 10	Millersville	1 p.m.
Wed., 14	Oneonta	4 p.m.
Sat., 17	at Rider	1 p.m.
Wed., 21	Rochester	3 p.m.
Sat., 24	at Trenton State	12 p.m.
Wed.-Sun., 28-Nov. 1	NYSWCAA Championships	TBA

CROSS COUNTRY

September:		
Sat., 5	Alumni Run	11 a.m.
Sat., 19	at Oswego Invit.	11 a.m.
Sat., 26	at Cortland Invit.	11:30 a.m.
October:		
Sat., 10	at Lehigh Invit.	11 a.m.
Sat., 24	at Albany Invit.	11:30 a.m.
Sat., 31	EAA Championships at St. Lawrence (men only)	12 p.m.
NYSWCAA Championships at Binghamton (women only)		
November:		
Sat., 7	ECAC Championships at Binghamton (women only)	11 a.m.
NYSCT&FA Championships at Fredonia (men only)		
Sat., 14	NCAA Regional Qualifier at Saratoga Springs	11 a.m.
Sat., 21	NCAA Championships at Saratoga Springs	11 a.m.

VOLLEYBALL

September:		
Fri., 4	Red Dragon Classic at Cortland	8 p.m.
Sat., 5	Red Dragon Classic at Cortland	9 p.m.
Wed., 9	Hartwick	7 p.m.
Fri., 11-	Great Dane Invit.	6 p.m.
Sat., 12	at Albany	9 p.m.
Tue., 15	Oneonta	7 p.m.
Fri., 18	Alfred at Clarkson	6:15 p.m.
Sat., 19	St. Lawrence at Clarkson	8 p.m.
Sat., 19	at Clarkson	11 a.m.
Sat., 19	RIT at Clarkson	1:30 p.m.
Wed., 23	at Geneseo	7 p.m.
Tue., 29	Rochester	7 p.m.
October:		
Fri., 2	at Juniata Invit.	1 p.m.
Sat., 3	at Juniata Invit.	10 a.m.
Tue., 6	at Cortland	7 p.m.
Wed., 14	Brockport	7 p.m.
Fri., 16	Ithaca Invit.	6 p.m.
Sat., 17	Ithaca Invit.	9 a.m.
Tue., 20	Elmira, Scranton	6 p.m.
Fri., 23	St. Lawrence	4 p.m.
Sat., 24	Alfred	8:40 p.m.
Sat., 24	RIT	1:30 p.m.
Sat., 24	Clarkson	4 p.m.
Tue., 27	at Binghamton	7 p.m.
Thu., 29	at Hartwick	7 p.m.
November:		
Tue., 3	Nazareth	7 p.m.
Fri., 6-	NYSWCAA Championships	
Sat., 7	at St. John Fisher	TBA

BASEBALL

September:		
Sat., 12	at Mansfield	1:30 p.m.
Sun., 13	at Oneonta	2 p.m.
Sat., 19	LeMoyne	10 a.m.
Sun., 20	at Cornell (2)	12 p.m.
Sat., 26	at LeMoyne	1 p.m.
Sun., 27	Mansfield	1:30 p.m.
October:		
Sat., 3	at Army (2)	1 p.m.

FOOTBALL

September:		
Sat., 12	at Albany	7 p.m.
Sat., 19	Montclair St.	1:30 p.m.
Sat., 26	Alfred	1:30 p.m.
October:		
Sat., 3	Springfield	1:30 p.m.
Sat., 10	at AIC	1 p.m.
Sat., 17	at St. Lawrence	1:30 p.m.
Sat., 21	Buffalo State	1:30 p.m.
Sat., 24	Mercyhurst	1 p.m.
November:		
Sat., 7	at Cortland	1 p.m.
Sat., 14	Wash. and Jeff.	1 p.m.

JV FOOTBALL

September:		
Fri., 18	at Cornell frosh	3:30 p.m.
Fri., 25	at Cortland	3 p.m.
October:		
Fri., 9	Cortland	3 p.m.
Fri., 16	at Colgate	3 p.m.
Fri., 30	at Hudson Vily.	5 p.m.
November:		
Fri., 6	King's College	2 p.m.

GOLF

September:		
Fri., 4	at Elmira Invit.	10 a.m.
Fri., 11	Hobart and Rensselaer	10 a.m.
Sat., 12	at Cornell Invit.	9:30 a.m.
Tue., 15	at LeMoyne	1 p.m.
Mon., 21	at LeMoyne Invit.	10 a.m.
Thu., 24	at Nazareth	1 p.m.
Sat., 26	Elmira	1 p.m.
October:		
Thu., 1	ECAC Regionals at Colgate	10 a.m.
Mon., 5	at Binghamton Invit.	10 a.m.
November:		
Fri.-Sat., 9-10	ECAC Championships at Franklin and Marshall	TBA

WOMEN'S SOCCER

September:		
Wed., 2	Scranton	4 p.m.
Sat., 5	Binghamton	2 p.m.
Wed., 9	at Alfred	7 p.m.
Sat., 12	at Rensselaer	2 p.m.
Thu., 17	Geneseo	4 p.m.
Sat., 19	vs. Methodist at North Carolina Wesleyan	12 p.m.
Sun., 20	at N.C. Wesleyan	1:30 p.m.
Thu., 24	at William Smith	4 p.m.
Sat., 26	RIT	12 p.m.
Wed., 30	at Brockport	4 p.m.
October:		
Sat., 3	Hartwick	1 p.m.
Wed., 7	Cortland	4 p.m.
Sat., 10	at Kean (N.J.)	11 a.m.
Wed., 14	at Rochester	7 p.m.
Sat., 17	at Skidmore	1 p.m.
Fri., 23	Clarkson	3:30 p.m.
Sat., 24	St. Lawrence	2 p.m.

MEN'S SOCCER

September:		
Sat., 5	at Virginia Wesleyan Tournament vs. Allegheny	1 p.m.
Sun., 6	at Virginia Wesleyan Tournament vs. Va. Wesleyan	3 p.m.
Sat., 12	Rochester	1 p.m.
Tue., 15	at Qswego	4 p.m.
Sat., 19	Alfred	1 p.m.
Fri., 25	Clarkson	4 p.m.
Sat., 26	St. Lawrence	3 p.m.
October:		
Sat., 3	at Nazareth	2 p.m.
Wed., 7	at RIT	3:30 p.m.
Sat., 10	at Hobart	11 a.m.
Thu., 15	at Binghamton	4 p.m.
Sat., 17	at Skidmore	2 p.m.
Wed., 21	Elmira	3 p.m.
Sat., 24	at Rensselaer	1 p.m.
Wed., 28	Cortland	3:30 p.m.
Sat., 31	Geneseo	2 p.m.

WOMEN'S TENNIS

September:		
Fri., 4	St. Lawrence	3:30 p.m.
Wed., 9	Colgate	3:30 p.m.
Sat., 12	at LeMoyne	1 p.m.
Fri., 18	Rochester	4 p.m.
Sun., 20	William Smith at Nazareth	1 p.m.
	at Nazareth	4 p.m.
Wed., 23	Binghamton	3:30 p.m.
Sat., 26	EAA Champ	TBA
Sun., 27	at William Smith	TBA
Tue., 29	Cortland	3 p.m.
October:		
Fri.-Sun., 2-4	Rolex Tournament at William Smith	TBA
Tue., 6	at Oneonta	3:30 p.m.
Thu., 8	Hamilton	3:30 p.m.
Sat., 10	at Albany	1 p.m.
Fri., 16	NYSWCAA Championships	TBA
Sat., 17	at Syracuse	TBA

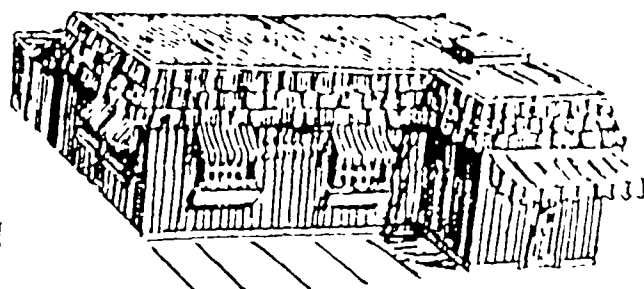
Home Fields:

Football and Junior Varsity Football: Jim Butterfield Stadium
 Women's Soccer: Upper Terrace Field
 Men's Soccer: Upper Terrace Field
 Golf: Cornell University Golf Course
 Women's Tennis: IC Tennis Courts (near New Hall)
 Baseball: Bucky Freeman Field
 Field Hockey: Yavits Field
 Volleyball: Ben Light Gymnasium



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THE BACK PAGE



Moving Pictures



Ithacan Photos: Christopher Burke

The ITHACAN

The Newspaper For The Ithaca College Community

Thursday, August 27, 1992

4 pages

TAKE CARE

College life is difficult enough.

Among the many worries of the typical student: grades, relationships, finances, roommates, jobs. But if you're not healthy, you won't be prepared to deal with the daily college struggle. So take care of yourself first. We hope this guide gives you some useful information, as well as places to turn for help.

INSIDE

SEX

If you're going to be sexually active, know how to protect yourself.

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Know the symptoms of sexually transmitted diseases.

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ALCOHOL

When partying goes too far.

Page 2

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AIDS

The numbers are staggering.

Page 3

When the disease hits close to home.

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EATING

When food controls your life.

Page 4

'It happened to me.'

Page 4

COUNSELING

The Hammond Health Center at IC provides many services.

Page 4

A NOTE FROM THE EDITORS

Why condoms?

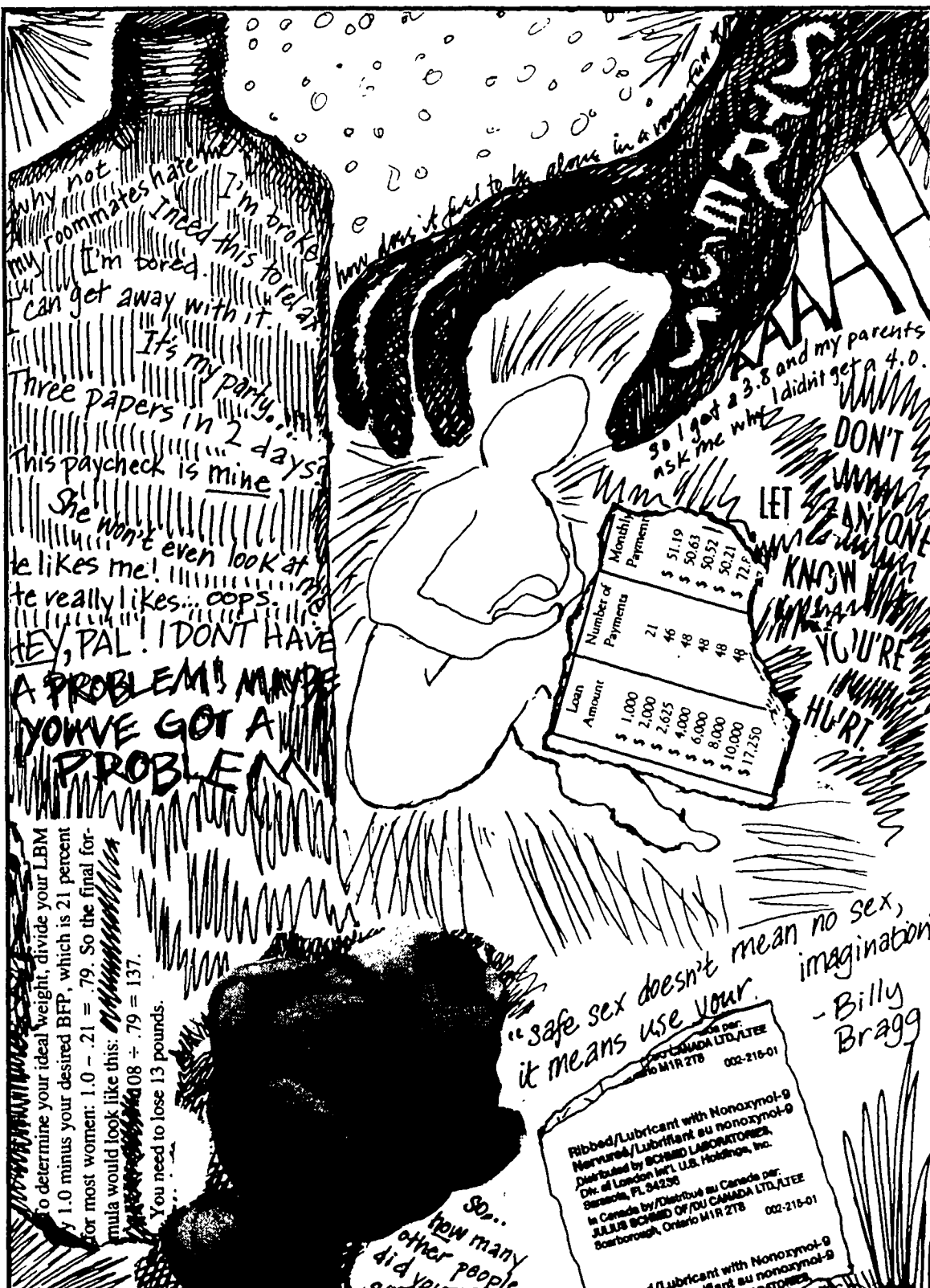
Among a newspaper's many roles is to inform and educate. The Ithacan tries to do that each week in the most effective manner possible. Sometimes, though, words are not as effective as other means of communication.

The editors of this newspaper think students -- our peers -- need to be better educated about safe sex practices.

We put condoms in newspapers distributed on campus because we know that many students are sexually active. If you choose to be sexually active, then you need to practice safe sex. As the story on page 2 will tell you, the best place to start is by talking about it.

If you are not sexually active, please pass along the information to a friend.

"Your Health" was produced by the staff of The Summer Ithacan, under the direction of Summer Editor Beverly Goodman.



Ithacan / Katherine W. Brown

When having 'fun' can be bad for your health

If you play, play safely

SEX

Note: This story contains explicit sexual language that may be offensive to some readers.

By Kevin Lewis

Fifteen years ago the phrase "safe sex" didn't exist. Sexually transmitted diseases (STDs) were not something mentioned in polite society.

With the onset of AIDS comes a greater awareness of the fact that even people in "polite society" are at risk of catching an STD if they are sexually active. Safe sex is something a lot of people are now concerned with, but many people are still not completely sure what, exactly, safe sex is.

The first step towards safe sex is communication. It is important for people to discuss sex with their partner before the actual event takes place. Both partners need to know what the other considers safe, and what the other person is comfortable doing. While this may be embarrassing at first, it will help prevent misunderstandings later on.

No-Risk Sex

The safest form of sex, of course, is abstinence. But that means no sex whatsoever, and this might not be an acceptable option for everyone. There are, however, many alternatives available for people who still want to have sex and make it safer.

Aside from the initial communication, talking itself can be a form of sex. Sharing each other's fantasies and intimate thoughts is a way of sharing without being physical.

Mutual masturbation is a way to experience sexual feelings without exchanging bodily fluids -- the primary way most STDs are passed on, and it is safe for semen and vaginal juices to come in contact with healthy, unbroken skin.

Touching or massage is a way of being very physical, but again, without exchanging bodily fluids. If one of the partners has an STD that can be transmitted by touching, of course, this should be discussed in the above

mentioned conversational session.

Low-Risk Sex

With casual, or dry, kissing there is little risk of spreading STDs, but herpes and hepatitis B can both be transmitted by kissing. Dry kissing, is however, safer than kissing in which saliva is exchanged.

Oral sex on a man (fellatio) can be risky because semen is a good carrier of STDs, even if a the man doesn't ejaculate in his partner's mouth. Pre-ejaculatory fluid can carry the same organisms as semen. Oral sex with a condom is the safest form, but some STDs, such as herpes, are located externally and can be located in other places than the shaft of the penis, making a condom ineffective as a preventative measure.

Oral sex on a woman (cunnilingus) is again risky because of the exchange of vaginal fluids. Use of a dental dam or a condom cut lengthwise should help prevent the exchange of fluids and the possibility of contact with bacteria or viruses.

High-Risk Sex

Vaginal intercourse without a condom is dangerous for both participants. Every kind of STD can be easily transmitted this way. Intercourse with a condom is still risky -- as stated above, a condom doesn't protect against everything, and condoms have been known to break -- but condoms do heavily reduce risk of infection.

Condoms are most protective when used correctly, and easy-to-follow directions are included in every pack. Lubricants are good to prevent condom breakage, but make sure the lubricant is water-based as oil-based lubricants weaken the condom and make it more likely to break.

A spermicidal jelly containing nonoxinol-9 used with the condom also reduces the risk of HIV infection.

Anal sex is even more risky than vaginal sex because of the easily ruptured blood vessels in the anus. The same condom rules apply when having anal sex as with vaginal sex.



The Hammond Health Center has several informational brochures about numerous other health-related topics.

"It seems just like yesterday partying, and just enjoying life change. We just never know."

-- A Penr

Getting drunk is never safe

"If you give someone hot coffee, then you give someone a cold shower."

ALCOHOL

By Jennifer Patterson

Imagine losing your life as a result of drinking a few too many beers with your buddies. After bar-hopping with his friends, John Wiley, a Cornell student, tumbled off a six foot wall in Collegetown to his death last year.

"He should have been able to land on his feet, but with a couple of beers, he died at 18 years old. The unfortunate part is eight or nine of his best buddies witnessed it," said Officer Kathy Gillen of the Ithaca Police Department.

Over 10,000 people age 16-24 die each year from alcohol-related accidents, such as violent injuries, homicides and drownings, according to the Na-

tional Council on Alcoholism.

Drinking games, funneling and chugging are extremely dangerous, with inexperienced drinkers particularly vulnerable. When students forget how much they are drinking and easily exceed their limit, their life can be claimed by alcohol poisoning, according to Cheryl Caister, the director of Educational Services for the Alcoholism Council of Tompkins County.

"Alcohol has two properties: an irritant and a depressant. The depressant works as an anesthetic. If you drink alcohol, you essentially start to shut down your central nervous system. The more you drink, the more complete that shutdown is. So you can drink yourself to death. People on college campuses do that every year," Caister said.

Victims of crime and those committing crime have most likely lost judgement as a result of drinking, forming a strong correlation between intoxication and violence, Caister said.

"A lot of times, we will arrest a student who smashed up a couple of store-front windows. The next day they'll say they can't understand why they did it. Well, they were drunk. That's why they did it," said Officer William Finnerty Jr. of the Ithaca Police Department Crime Prevention Force.

Commonly the victims of violent crime such as rape, women should be extremely careful not to fall into compromising situations.

More than 100 medications react harmfully with alcohol. Health conditions such as diabetes, ulcers and high blood pressure can be aggravated by the use of alcohol, Caister said.

Driving while intoxicated

Every year, thousands of innocent lives are claimed as drunk drivers, believing they are capable of driving, selfishly attempt to maneuver home, recklessly putting every driver on the road at risk.

A recent study indicated that 40 percent of

college students have driven after drinking, and the same percentage have knowingly ridden with a drunk, according to the Division of Alcoholism.

As starchy foods can slow alcohol absorption and may delay the blood alcohol content, the detoxification rate is approximately one drink per hour.

"If you give someone hot coffee, then you just have a wide-awake drunk. If you give someone a cold shower, then you have a wet drunk. It doesn't have any effect on your blood alcohol content," Caister said.

The 16- to 24-year-olds account for 42 percent of all fatal alcohol-related crashes even though they only represent 20 percent of licensed drivers, according to the National Council on Alcoholism.

Alcohol dependency

Do you drink your friends under the table and rarely suffer from a hangover? Is your

claim to fame your warning signs at attention of a pro

High tolerance of drinking can cause a tendency to As a chemical content will still ability to function will increase, Ca

"Alcoholism to alcohol, a per alcohol in the sa can be allergic t dence can devel an extended per become addicted Gerstein, coordi cation at the IC

Alcoholism As with any p

Some scary statistics about a deadly disease

AIDS

By Jeff Selingo

Thirty million. That's the number of people around the world that could be infected with the AIDS virus by the year 2000, according to the World Health Organization. Dr. June Osborn, chairwoman of American National

Commission on AIDS, in a pamphlet published by her organization estimates the number even higher -- 110 million.

Despite a decade of research and billions of dollars spent, over 11,000 scientists who met in Amsterdam in July for the International AIDS conference admitted they are no closer to a cure than when they started.

Now, at the conference, scientists reported finding new cases of people who have AIDS-like symptoms, but are not infected with the HIV virus. That, according to a "Time" magazine report, has heightened speculation that a new AIDS virus is emerging.

AIDS was first named in 1982 by United States health officials, after finding an unusual type of immune-system failure among gay men in the U.S. for over a year, according to the Centers for Disease Control.

AIDS stands for Acquired Immune-deficiency Syndrome. It is a disease caused by the Human Immunodeficiency Virus, HIV -- the AIDS virus, according to a fact sheet published by the U.S. Surgeon General.

The AIDS virus may live in the human body for years before it shows. It makes the body unable to fight other diseases, according to fact sheets published by the World Health Organization.

According to Dr. Lynn Mackin, of the Center for Disease Control, the government agency responsible for the prevention and control of diseases in the United States, there are two main ways of getting AIDS. One way is by having sex with a person already infected with the AIDS virus or by sharing drug needles with an infected person.

"No matter what your sexual preference is, or whether you are male or female, AIDS can be spread through sexual intercourse," Mackin said.

An infected person may have the virus in their vaginal fluids or semen, Mackin said. The virus can enter the body through many ways, including the vagina, penis, rectum or mouth.

Mackin said there is no sure way

The disease hits close to home

By Jeff Selingo

I had always thought that AIDS was a disease that mainly affected IV-drug users, homosexuals and those in large cities. Even after hearing about such AIDS-infected people like Magic Johnson and Ryan White I still believed those were the exceptions.

My mind changed after a phone call last March.

The person on the other end was a high school classmate of mine who I had not heard from since I had graduated. The news she relayed about her best friend had me wishing I had not heard from her even longer.

Sue, she told me, a classmate for over six years, tested positive for the HIV virus believed to cause AIDS.

About a month later when I was home for a weekend, I met Sue (which is not her real name) while out with a few friends. It was the first time I had seen her since her graduation party.

Knowing that I probably already knew, she told me the results of the test she had taken when she was not feeling well last winter. Sue said she cried for a few days when she found out the results.

"I was always denying it. I felt like this can't be happening to me. I imagined it as a dream, where I would wake up and it wouldn't be there. But it didn't work, it was there," she said.

Sue went back to college after she took a week off, but then left permanently because she found herself asking "Why is it worth it?"

I didn't see her for most of the summer, but I did talk to her recently.

"I decided to return to college in the fall because I realized my life didn't end six months ago. It just took a sharp turn," she said.

Sue said she hardly ever went out when she first found out she was HIV-positive and had a hard time talking about it.

"I still have trouble opening up about it, but I have gone back to a semi-normal life. I go out a lot more, even though I am a lot more careful now."

"It seems just like yesterday when I was in high school and partying, and just enjoying life. It's amazing how one's life can change. We just never know."

I have thought about Sue a lot since that conversation. I thought about our middle school years when we served on student council together or in eighth grade when we were editors of our first yearbook. Even though we didn't spend as much time together in high school, I remember her as president of SADD and the help she provided with our class homecoming float.

Sue was not an IV-drug user, homosexual, or from a large city, but yet she has a deadly disease. I don't know how she got it, nor do I care to know. The fact is, she has it. And others like her, no matter their sexual preference, whether they are black or white, rich or poor, smart (Sue was a member of the National Honor Society) or not, could get it too.

Sue and I may not be the close friends we once were in the middle school and I may never see her again, but she has taught me an important lesson:

AIDS does not discriminate.

of not getting AIDS through sex, but the safest ways remain abstaining or having sex with one uninfected partner. According to Mackin, you increase your chances by having anal sex with or without a condom, by having sex with someone you don't know well, or a person that has several sex partners.

The fastest way, however, that AIDS is being spread is by sharing drug needles, according to Mackin. By sharing needles, blood from an

infected person can be trapped in the needle and then injected into the bloodstream of the next person who uses that needle, Mackin said.

"If we keep getting our funds cut every year, we are going to be right back where we were ten years ago with triple the number of people infected," Mackin said.

For more information about AIDS and AIDS testing contact the IC Health Center or the national AIDS hotline at 1-800-342-AIDS.

h Center has several informative booklets on STDs and safe sex, as well t numerous other health-related issues. The phone number is 274-3177.

st like yesterday when I was in high school and just enjoying life. It's amazing how one's life can st never know."

-- A Pennsylvania teenager infected with HIV

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absorption content, the one drink

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the table ? Is your

claim to fame your high tolerance? These are warning signs and should be brought to the attention of a professional.

High tolerance is either hereditary or a result of drinking excessively, which may indicate a tendency to become alcohol dependent. As a chemical measure, the blood alcohol content will still remain the same although the ability to function at this level of intoxication will increase, Caister said.

"Alcoholism is what I would call an allergy to alcohol, a person who doesn't metabolize alcohol in the same kind of way, just like you can be allergic to chocolate. Alcohol dependence can develop if you drink too much over an extended period of time, just as you can become addicted to caffeine," said Lynn Gerstein, coordinator of drug and alcohol education at the IC Counseling Center.

Alcoholism

As with any portion of the population, one

in 10 college students will develop alcoholism or become alcohol dependent, according to Gerstein.

Biological and genetic factors contribute to the risk of becoming an alcoholic. Quantity and frequency of heavy drinking, classified as two measured drinks per day or more than 14 drinks per week, coincides with the development of alcoholism, according to the National Council.

"Environmental factors don't cause drinking problems. One of the things the support group Al-Anon says is 'you can drive a person to drink, but you can't drive a person to be alcoholic,'" Gerstein said.

Prevention of alcoholism begins with the acceptance of alcohol as a drug, abstaining from high-risk or heavy drinking, and knowing personal and family history.

Some characteristics of alcoholism are concealing the frequency and quantity, drinking alone or with strangers, feeling guilty, and using alcohol to deal with difficult situations or

Alcoholics Anonymous

A worn middle-aged man sadly admits he can't remember various parts of his life because he is an alcoholic. A beautiful, well-dressed young lady reads off the 12 steps to recovery as her supporters attentively listen at that week's AA meeting.

"There's no way to get away from it, no where to run!" said a young, recent mother about her desire to drink, her voice escalating. Immediately she is comforted by the other members who insist the pain will go away without alcohol, because it always does.

There is strength in this back room of the St. John's Episcopal Church. For membership, the only criteria is the struggle for sobriety. As they explain, not only is it a "stop drinking program," it is also a "start living program."

"In this program, we seldom talk about all the bad things we've done. We only talk mostly about recovery, all the good things we

did and are doing. We don't know what they did and why they're there, we're not interested in that. All we're interested in is staying away from that first drink, or that drug," Russell said.

For Russell, a member of Alcoholics Anonymous who hasn't had a drink in 30 years, alcohol has destroyed his relationships with his ex-wife and children.

"I miss my wife. I miss the hugs and friendship of my three children. But it is getting better, one day at a time," Russell said.

The support he receives from the other members is imperative, and he proudly points out that there are over 300 people he can call if he feels the need to drink. After midnight, he usually calls the Suicide Prevention hotline and receives counseling that he considers exceptional.

Alcoholics Anonymous in Tompkins County can be reached at 273-1541.

problems, according to the Division of Alcoholism.

Remember, alcoholism is a disease and there

is a recovery process. If you think you have a drinking problem, contact the Counseling Center. Their services are free and confidential.

When you need some help

COUNSELING

By Beverly Goodman

You are not alone.

With its programs dealing with relationships, eating issues, stress management, dream analysis, loneliness, homelessness, depression, and alcohol and drug dependency, the Counseling Center is equipped to handle the problems of college students.

"Part of [our goal] is to let people know that we're here. Part of it is to give people information so they don't have to come here," said Peter L. Kingan, coordinator of Outreach at the center.

"Outreach covers the things that we do outside of here," Kingan said. "We do programs in residence halls, programs in classrooms and handle different requests."

Kingan said the Counseling Center modifies its programs according to student need.

"We keep data on frequencies of what people are concerned with," he said, citing "relationships, people missing people, depression, things not going well with school and not fitting in" as some common problems.

"Of course, some people have al-

cohol and drug problems, but they don't necessarily tell you that," Kingan added.

Group therapy tends to be the most popular form of therapy.

"A lot of students are reluctant to be in groups, but it really helps -- not everybody, but a lot," Kingan said. "Sometimes it helps people to put a name on what's happened or happening to them, to hear it in a group and think, 'So that's what happened, or is happening to me.'"

If a student is interested in counseling on a one-to-one basis, an appointment with a counselor will be

scheduled within 48 hours of the request, if it is a first-time caller. After that, however, there may be a waiting list. Students generally don't use the counseling center for more than 10 sessions.

"We're essentially a short-term therapy center," Kingan said. For those that want a longer commitment, the center offers a referral service, through which students can find a counselor in the area.

About 10 percent of Ithaca College students took advantage of the center last year, Kingan said.

"It doesn't hurt anything to come in and check it out," Kingan said. "If you feel like it's affecting your work, overwhelming your friends and overwhelming you, come in and get help. It's here."

The phone number is 274-3136.

For many, admitting the problem is most difficult

EATING

By Kelly Rohrer

You probably heard about it on Phil or Oprah. You may have even heard about someone who almost died from it. But did you ever stop to think that you or even your best friend could be the victim of an eating disorder?

Counseling centers on every college campus in America -- including Ithaca College -- are diagnosing more and more young adults with eating-related problems.

Two common disorders are anorexia and bulimia.

Anorexia: "A disruption in normal eating habits characterized by an all-consuming fear of becoming fat," according to the National Association of Anorexia Nervosa and Associated Disorders. The disease can lead to compulsive exercising, starvation, depression and perhaps death.

Bulimia: "A cycle of uncontrolled binge eating followed by purging through vomiting or the use of laxatives," according to the anorexia association. People with bulimia often are of normal weight or even slightly overweight. Bulimia can range from a mild and relatively infrequent response to stress to an extremely debilitating pattern that absorbs nearly all a person's time, energy, and money, the association says.

Why are women affected most by eating disorders?

Eating disorders typically pertain to women, but men also can be



affected, according to Dr. Cynthia A. Weaver, a licensed psychologist and counselor at the IC Counseling Center.

"Women feel guilty about eating, but it is a basic necessity. They are taught through the media and their families that appearance is so important," Weaver said. "It's very odd to me that all women are expected to be model perfect."

"The norm for women is disordered eating," Weaver said.

It is estimated that one of every 100 women may become anorexic. Estimates of the frequency of bulimia vary from five to 20 of

every 100 college-age women. Men also can develop anorexia nervosa and bulimia, but in far smaller numbers.

Weaver said men represent 10 percent of bulimics and 5 percent of anorexics.

The symptoms

According to Weaver, one of the most common changes seen in a person who may have bulimia is "chipmunk cheeks." Also, complaints of sore throats and coughing bouts are easily recognizable.

Anorexics usually dress in multiple layers. "You will also notice

It happened to me

This story was told to an Ithacan editor by an IC junior.

I was an anorexic and then became bulimic. It started in 7th grade when I realized I wasn't perfect. I was in the honors program at school, one of these bright, gifted, cheery kids all the time.

I knew I had a problem, but still, I couldn't fully admit it. It was forced on me by other people. My friends had been seeing a counselor to help them help me. Sometimes they would threaten to tell my parents, but I always said, "No you won't, because if you do, I'll only get worse."

I was starving myself. I was constantly exercising. I was

always taking laxatives. If I didn't have any left, I was so desperate, I would eat epsom salts. My locker had so much food stuffed in it that when I opened my locker a swarm of fruit flies came out. I was regularly throwing up in the school bathroom. My friend walked in on me one day, after I had collapsed on the floor from making myself sick and I said, "I have a problem, I'm sick. All right, we've got to do something about this."

It's funny -- you don't want anyone to know, but you really want to scream out. It's the hardest thing to tell your parents that if you don't get to the hospital, you're going to die.

dry, flaky skin and thin, brittle hair. You may even see a light growth of downy body hair on the backs of their arms," Weaver said.

But Weaver also stressed the fact that these symptoms can and will become larger and more serious.

"With bulimia, you are depriving the body. When you purge using laxatives and exercise, trying to keep food down starts to become difficult," she said.

Frequent vomiting can cause tooth damage from erosion of enamel, as well as damage to the throat and esophagus, according to the anorexia association. Kidney problems and seizures are also possible.

Anorexia, when coupled with compulsive exercising, may lead to cessation of the menstrual cycle and physical symptoms of malnutrition will surface such as lowered heart rate, low blood pressure, decreased metabolic rate and hypothermia.

What do you do if someone you know is in danger?

"Because [food] is a basic necessity, friends should respond in some sort of way since their are many health issues. But it's hard to be a friend," Weaver said. "All you can do is say you're worried and ask if they're okay."

She said an anorexic will most likely deny their problem. A bulimic will know something is wrong but will still try to hide it.

"It's very important that [friends] know that they cannot change them or control their eating habits. You can listen, be a shoulder to cry on. But if they are not going to change, they won't."

Weaver said that a good step is just getting to the Counseling Center. "It is useful in determining what they need to do personally -- whether that's here, off-campus or at home. We help them find the resources they need." Weaver said students may call or just stop by to make an initial appointment.

Know the symptoms of STDs

By Kevin Lewis

The following STDs -- sexually transmitted diseases -- are the most common on the IC campus, according to Dr. Robert W. Ballard, director of the Hammond Health Center.

Chlamydia

Chlamydia, an infection caused by bacteria, is the most prevalent STD in the United States. Chlamydia can cause infertility in both men and women, as well as pelvic inflammatory disease and pneumonia and eye infections in newborns whose mother has the disease.

Most people with chlamydia don't show symptoms, but the symptoms that do exist may show up within two weeks to a month after contracting the disease. Symptoms of chlamydia include:

For Men -- Discharge from the penis and/or burning when urinating; burning and itching around the opening of the penis. Symptoms may be present early in the day and go away, but they will come back. Many men have no noticeable symptoms or symptoms so mild that they go unnoticed.

For Women -- Any vaginal itching or discharge may be a sign of chlamydia; chronic abdominal pain, bleeding between menstrual periods, and low grade fever may be later symptoms of infection. Because the infection is

Getting tested

Someone who may have a sexually transmitted disease (STD) should be tested as soon as possible in order to prevent further spread of the condition, said Dr. Robert W. Ballard of the Hammond Health Center. The Health Center is capable of doing all the tests for the STDs mentioned here. While there is a fee for all lab work, the tests are usually covered by insurance, Ballard said. All testing done at the Health Center is confidential.

If a student is uncomfortable about being tested through the Health Center, the center can recommend a local physician. Planned Parenthood also does testing for STDs. They accept payment on a sliding scale (a person only pays what he or she can afford within a set scale).

internal, 80 percent of women will have no noticeable symptoms until complications set in.

Genital Warts

Genital warts, or condyloma, are part of the family of viruses known as human papillomavirus (HPV). While the warts themselves are more of an annoyance than anything else, HPV also produces cell changes that may, especially in women, be pre-cancerous. It is therefore important to get genital warts treated. Symptoms of genital warts include:

For Men -- Small, hard spots or fleshy cauliflower-like lesions on the head or shaft of the penis and may also appear around the anus or urethra. Warts may not be visible to the naked eye.

For Women -- Lesions may appear on the

vagina, vulva, cervix, or around the urethra or anus. Again, warts may be invisible to the naked eye.

Crabs

Pubic lice, better known as crabs, are tiny parasites that breed in the pubic hair and cause intense itching. While they are usually spread by sexual contact, they can be caught by wearing contaminated clothing or by using contaminated bedding. Symptoms of crabs include:

Both Men and Women -- intense itching, visible lice, eggs attached to hair shaft.

Genital Herpes

Herpes is caused by a virus that can produce painful blisters on the penis, in the vagina, on the cervix, or around or in the anus. Herpes is

been linked to increased rates of cervical cancer in women. The first outbreak of the virus is usually the most painful, and, although it goes away, it usually reoccurs. Herpes symptoms include:

Both Men and Women -- Fever, headache, muscle aches, problems urinating, swollen glands. Sores may be preceded by a burning sensation, pain in the legs buttocks or genital area.

For Women -- Vaginal discharge. In women with cervical cancer there may be no symptoms.

Gonorrhea

An infection caused by bacteria, gonorrhea can occur in a person's urethra, throat or reproductive organs, but is usually found in a man's urethra and the female genital tract.

Gonorrhea can lead to arthritis, dermatitis, heart problems and problems with the reproductive system if it is untreated. It can also be passed from a mother to a newborn baby. As with chlamydia, not everyone shows symptoms of gonorrhea, but most men do. Symptoms of gonorrhea may include:

For Men -- A creamy pus-like penile discharge and pain when urinating. May have no symptoms and still be infected.

For Women -- May have vaginal discharge and painful urination, but likely to not have any symptoms.